

Westside Classic Supplemental Information

Coaches please note the supplemental information regarding team uniforms. These items are identical to those at the state meet. It is our goal to keep things as consistent at possible with the state meet.

The NFHS Track and Field Cross Country Rules Book uniform rule will be enforced. It is the individual athlete and full team's responsibility to compete in the proper uniform. All contestants must wear their assigned numbers when competing and it shall be worn on the front of the jersey. Bare midriff tops are not allowed. The top must hang below or be tucked into the waistband of the bottom when the competitor is standing erect. This will be enforced by the clerk of the course. Doo-rags, handkerchiefs and hats of any kind are not allowed during competition. Plain head bands, stocking caps and gloves will be acceptable (no logos of any kind are allowed on head gear). Remember that LIVESTRONG bracelets and all JEWELRY.