

**2009 West Central District III  
District & State Qualifying 11 Dive Meet  
Lakes High School Pool  
Wednesday, October 28, 2009**

**Who:** Any WCD III Diver: 2A, 3A, & 4A

**Board:** One – 1 meter Duraflex (cheese) board

**Times:** Warm up 6:30 pm  
Dive sheets due 7:00 pm  
Start 7:30 pm

**Entry Fee:** No diver entry fee!

**Spectator Fee:** Adults & Students without ASB card: \$5.00  
Seniors & Students with ASB card: \$3.00

**Rules:** National HS Federation Rules  
A School Coach IS REQUIRED on the deck!  
Divers must use 2009-2010 State Dive Forms!

**State Qualifying Scores:**

2A 280 points 11.6dd  
3A 300 points 11.6dd  
4A 315 points 11.6dd

All State qualifying sheets and the meet results will be forwarded to Bob Regan, the State Meet Manager.

**Spectator fees:** Please let your parents know there will be a fee!

**School/Pool address:** Lakes High School Pool  
10320 Farwest Drive SW  
Lakewood, WA 98498

Due to construction, stay on Military Road (or go to the south end of Farwest Drive and make two right turns onto Military Road), turn right on 107<sup>th</sup> Avenue SW (the street just before that is 107<sup>th</sup> Street Court SW), turn right to the track and fields and park on the far left side of the lot; pool building is in front of the parking and to the left of the gyms. Enter the blue doors behind a portable from the parking lot.)

For information contact: Dave Dooley ddooley@cloverpark.k12.wa.us  
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