



May 22 & 23, 2009
Softball District Tournament Services
Information for Coaches & Athletes

The *MVP Physical Therapy Athletic Training Tent* is available for the following services:

- **Please note the 3x5 card in the dugout – call us immediately for injuries.**
 - If an injury occurs designate a coach or athlete to be prepared to tell us the following:
 - field number you are on,
 - team whom you are calling for ,
 - description of the injury,
 - status of the athlete

- **Pre & Post Game Injury Assessments**

- **Ice & Water will be available**

- **FREE Trigger Point Massages**
 - Sign-up or walk-ins welcome
 - 5 min massage sessions available on a first-come, first-serve basis

Introducing the Certified Athletic Trainers:

Heather Brown, ATC/L, PTA
Head Athletic Trainer – Lakes High School

Fred Spalding, ATC/L
Head Athletic Trainer – Clover Park H.S.

Gail DiPrete, ATC/L
Head Athletic Trainer – Curtis H.S.

Janae Jenkins, ATC/L
Head Athletic Trainer– OCC

Vanessa Kitt, ATC/L
Head Athletic Trainer - Life Christian Academy

Here to serve your orthopedic, work & sport needs!!
MVP Physical Therapy- Lakewood 7308 Bridgeport Way W, Lakewood, WA 98499 253-582-8142 clinic

Bremerton – 360-479-8477
Buckley – 360-829-6300
Federal Way – 253-815-1117
Fife – 253-922-7255
Fircrest – 253-564-1560
Gig Harbor – 253-851-8790
Lacey – 360-491-3900

Lakewood – 253-582-8142
Lakewood OT – 253-582-8500
Port Orchard – 360-874-8009
Puyallup – 253-770-1807
Silverdale – 360-698-6764
Sumner – 253-891-7093
Tacoma Central – 253-759-4200