

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Event 1 Boys 200 Yard Medley Relay
2A Record: 1:42.77 2/12/2011 Interlake High School
E Cummings, A Rockwell, V Hsiao, K Nelson
1:48.99 2A-S

Team	Relay	Finals Time
Championship Final		
1 INT		1:42.77 2A-S
1) Cummings, Eldon SR	2) Rockwell, Alex SR	
3) Hsiao, Victor SR	4) Nelson, Yuji SR	
26.47 28.98	25.64 21.68	
2 SHS		1:49.04 26
1) Gustafson, Zane SR	2) Powers-Hubbard, Connor JR	
3) Powers, Trent SR	4) Rigsby, Sam JR	
28.77 29.81	25.88 24.58	
3 LHS		1:50.05 24
1) Lim, AJ FR	2) Wang, Mitchell SR	
3) Jacobsen, Aaron SO	4) Guhlke, Connor JR	
29.16 31.67	25.94 23.28	
4 REN		1:50.06 22
1) Odden, Jeremy SR	2) Sholdra, Steve JR	
3) DaVault, Aslan JR	4) Pascual, Tyler JR	
28.13 29.27	28.20 24.46	
5 STEIL		1:55.55 20
1) Danielson, Preston JR	2) Goodman, Grant SR	
3) Esseln, Zach SR	4) Taft, Steven JR	
31.87 33.89	25.05 24.74	
--- PAHS		DQ
1) Burke, Tyler JR	2) Parks, Charlie SR	
3) Koehler, Avery FR	4) Watkins, Matt JR	
27.34 31.87	27.36 25.17	
Consulation Final		
7 KSS		1:57.40 14
1) Williams, Quaid SO	2) Cook, Jacob SO	
3) Hodgkinson, Chris SO	4) Ballou, Dane JR	
27.49 34.17	29.43 26.31	
8 SEQ		1:58.38 10
1) Petersen, Kris SR	2) Calderon, Noe JR	
3) Moores, Tom SR	4) Rickerson, Drew SR	
32.03 32.23	29.14 24.98	
9 KHS		1:58.78 8
1) Kvistad, Jake SR	2) Kirstein, Adam JR	
3) Ulvang, Aksel SR	4) Bella, Ethan JR	
31.43 34.03	27.91 25.41	
10 NKHS		1:58.82 6
1) Aban, Yorick FR	2) Christen, Ian SO	
3) Shoop, Tim SR	4) Machen, Ben JR	
30.69 32.54	29.85 25.74	
11 OLY		2:06.25 4
1) Tracy, Alex SO	2) Lutz, Matthew JR	
3) Ogburn, Demetris SO	4) Bailey, Seth SR	
31.28 38.17	30.08 26.72	
12 FP		2:13.64 2
1) Hawks, Brook JR	2) Lyons, Kekoa JR	
3) Choi, Brian JR	4) Dickson, Matt JR	
41.39 33.35	31.14 27.76	

Event 1 Boys 200 Yard Medley Relay
2A Record: 1:42.77 2/12/2011 Interlake High School
E Cummings, A Rockwell, V Hsiao, K Nelson
1:48.99 2A-S

Team	Relay	Prelim Time
Preliminaries		
1 INT		1:43.74 q2A-S
1) Cummings, Eldon SR	2) Rockwell, Alex SR	
3) Hsiao, Victor SR	4) Nelson, Yuji SR	
26.44 30.45	23.67 23.18	
2 REN		1:49.43 q
1) Odden, Jeremy SR	2) Sholdra, Steve JR	
3) DaVault, Aslan JR	4) Pascual, Tyler JR	
27.99 29.55	27.40 24.49	
3 SHS		1:49.46 q
1) Gustafson, Zane SR	2) Powers-Hubbard, Connor JR	
3) Powers, Trent SR	4) Rigsby, Sam JR	
28.31 30.62	26.42 24.11	
4 LHS		1:51.56 q
1) Lim, AJ FR	2) Wang, Mitchell SR	
3) Jacobsen, Aaron SO	4) Guhlke, Connor JR	
29.64 31.61	25.84 24.47	
5 PAHS		1:52.53 q
1) Burke, Tyler JR	2) Parks, Charlie SR	
3) Koehler, Avery FR	4) Watkins, Matt JR	
27.37 31.57	28.19 25.40	
6 STEIL		1:55.50 q
1) Danielson, Preston JR	2) Goodman, Grant SR	
3) Esseln, Zach SR	4) Taft, Steven JR	
31.46 34.32	25.43 24.29	
7 NKHS		1:57.39 q
1) Aban, Yorick FR	2) Christen, Ian SO	
3) Shoop, Tim SR	4) Machen, Ben JR	
30.25 32.58	28.79 25.77	
8 KSS		1:57.98 q
1) Williams, Quaid SO	2) Cook, Jacob SO	
3) Hodgkinson, Chris SO	4) Ballou, Dane JR	
27.93 33.58	29.47 27.00	
9 KHS		1:58.68 q
1) Kvistad, Jake SR	2) Kirstein, Adam JR	
3) Ulvang, Aksel SR	4) Bella, Ethan JR	
31.27 34.35	27.83 25.23	
10 SEQ		1:59.37 q
1) Petersen, Kris SR	2) Calderon, Noe JR	
3) Moores, Tom SR	4) Rickerson, Drew SR	
31.55 32.30	30.37 25.15	
11 OLY		2:08.73 q
1) Tracy, Alex SO	2) Lutz, Matthew JR	
3) Ogburn, Demetris SO	4) Bailey, Seth SR	
33.13 37.69	30.06 27.85	
12 FP		2:13.84 q
1) Hawks, Brook JR	2) Lyons, Kekoa JR	
3) Choi, Brian JR	4) Dickson, Matt JR	
40.97 32.62	32.17 28.08	

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay	Prelim Time
--- WRHS		DQ
1) Rickard, Seth SO	2) Cory, Elijah SO	
3) Cory, River JR	4) DeHan, Pierce SR	
34.11	33.89	30.94 24.15

Event 2 Boys 200 Yard Freestyle

2A Record: 1:51.06 2/12/2011 Connor Powers-Hubbard
1:54.99 2A-S

Name	YrSchool	Finals Time
------	----------	-------------

Championship Final

1 Powers-Hubbard, Connor	JR SHS	1:51.06	2A-S
25.76	27.97	28.37	28.96
2 Xu, Jason	FR INT	1:52.30	2A-S
26.59	28.90	28.71	28.10
3 Sheridan, Conrad	JR INT	1:52.66	2A-S
26.16	28.62	29.24	28.64
4 Davies, Bryce	JR WHS	1:54.81	2A-S
25.48	29.05	30.09	30.19
5 Guhlke, Connor	JR LHS	2:01.14	10
26.38	30.38	32.26	32.12
6 Urnes, C.J.	SR PAHS	2:03.33	9
28.23	30.97	32.36	31.77

Consolation Final

7 Horcajo, Daniel	SR NKHS	2:06.44	7
28.08	31.21	33.32	33.83
8 Seid, Sam	JR LHS	2:08.02	5
28.56	32.06	34.15	33.25
9 Miguel, Dante	SR KHS	2:08.79	4
28.56	32.67	34.89	32.67
10 Cory, Elijah	SO WRHS	2:09.74	3
28.91	32.76	34.31	33.76
11 Bentsen, Jack	FR INT	2:11.08	2
29.13	33.05	34.70	34.20
12 Han, Peter	SO LHS	2:16.51	1
29.47	33.64	36.66	36.74

Event 2 Boys 200 Yard Freestyle

2A Record: 1:51.06 2/12/2011 Connor Powers-Hubbard
1:54.99 2A-S

Name	YrSchool	Prelim Time
------	----------	-------------

Preliminaries

1 Sheridan, Conrad	JR INT	1:51.80	q2A-S
25.91	28.31	29.06	28.52
2 Xu, Jason	FR INT	1:54.07	q2A-S
26.47	28.66	28.82	30.12
3 Powers-Hubbard, Connor	JR SHS	1:55.56	q
25.73	29.23	30.52	30.08
4 Davies, Bryce	JR WHS	1:57.02	q
25.56	29.80	31.16	30.50
5 Guhlke, Connor	JR LHS	1:59.16	q
26.96	30.37	31.29	30.54
6 Urnes, C.J.	SR PAHS	2:02.94	q
29.16	31.54	31.42	30.82
7 Horcajo, Daniel	SR NKHS	2:05.14	q
27.52	31.47	33.00	33.15

8 Seid, Sam	JR LHS	2:09.05	q
28.53	32.21	34.04	34.27
9 Cory, Elijah	SO WRHS	2:09.49	q
28.33	31.61	34.24	35.31
10 Miguel, Dante	SR KHS	2:10.18	q
29.28	32.67	35.07	33.16
11 Bentsen, Jack	FR INT	2:10.24	q
29.32	32.83	34.32	33.77
12 Han, Peter	SO LHS	2:12.33	q
29.75	34.28	34.78	33.52
13 Bateman, Neil	SR SHS	2:12.57	
30.57	33.41	34.85	33.74
14 Papenfus, Janse	SR INT	2:15.01	
29.94	33.79	36.19	35.09
15 Wannquist, Kris	JR PAHS	2:15.22	
30.71	34.39	36.04	34.08
16 Harnack, James	FR KSS	2:15.28	
28.98	33.60	36.40	36.30
17 Grimsley, Tarren	JR PAHS	2:15.57	
30.41	33.85	35.82	35.49
18 Lutz, Matthew	JR OLY	2:15.69	
31.49	35.10	34.99	34.11
19 Ballou, Dane	JR KSS	2:17.35	
30.26	34.81	36.29	35.99
20 Clift, Andrew	SO STEIL	2:17.74	
30.54	33.74	36.45	37.01
21 Clair, Spencer	SO LHS	2:18.02	
30.68	34.63	36.74	35.97
22 Bailey, Seth	SR OLY	2:23.30	
30.87	35.78	38.28	38.37
23 Hodgkinson, Chris	SO KSS	2:28.98	
32.31	35.92	40.52	40.23

Event 3 Boys 200 Yard IM

2A Record: 2:11.77 2010 Eldon Cummings
2:12.99 2A-S

Name	YrSchool	Finals Time
------	----------	-------------

Championship Final

1 Parks, Charlie	SR PAHS	2:13.79	16
29.86	33.09	39.30	31.54
2 Gustafson, Zane	SR SHS	2:14.17	13
28.95	34.53	38.29	32.40
3 Lim, AJ	FR LHS	2:14.85	12
28.23	34.27	40.47	31.88
4 Fox, Kevin	FR KHS	2:18.10	11
29.17	35.22	41.52	32.19
5 Beauchamp, Jake	FR INT	2:18.83	10
30.01	34.61	42.55	31.66
6 Boekenoogen, Craig	SO OLY	2:22.11	9
30.16	36.07	41.05	34.83

Consolation Final

7 Koehler, Avery	FR PAHS	2:21.83	7
30.75	35.94	41.90	33.24
8 Meyer, Ries	FR OLY	2:22.49	5
31.56	36.15	41.41	33.37
9 Aban, Yorick	FR NKHS	2:23.79	4
29.94	37.07	41.83	34.95

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Consulation Final ... (Event 3 Boys 200 Yard IM)

Name	Yr	School	Finals Time
10 Franco-Munoz, Adrian	JR	LHS	2:26.80 3
	30.73	38.01	45.07 32.99
11 Kvistad, Jake	SR	KHS	2:28.84 2
	31.52	36.71	46.12 34.49
12 Danielson, Preston	JR	STEIL	2:37.88 1
	32.79	39.81	48.63 36.65

Event 3 Boys 200 Yard IM

2A Record: 2:11.77 2010 Eldon Cummings
2:12.99 2A-S

Name	Yr	School	Prelim Time
Preliminaries			
1 Gustafson, Zane	SR	SHS	2:13.08 q
	29.24	34.28	38.16 31.40
2 Parks, Charlie	SR	PAHS	2:14.50 q
	30.12	33.37	39.40 31.61
3 Lim, AJ	FR	LHS	2:16.69 q
	28.04	34.62	41.45 32.58
4 Fox, Kevin	FR	KHS	2:18.24 q
	29.33	35.50	41.72 31.69
5 Boekenoogen, Craig	SO	OLY	2:18.44 q
	30.37	35.43	40.23 32.41
6 Beauchamp, Jake	FR	INT	2:20.63 q
	30.56	35.46	42.11 32.50
7 Aban, Yorick	FR	NKHS	2:20.67 q
	29.14	35.71	41.79 34.03
8 Koehler, Avery	FR	PAHS	2:21.50 q
	30.44	35.42	43.13 32.51
9 Meyer, Ries	FR	OLY	2:26.42 q
	31.96	36.39	43.50 34.57
10 Franco-Munoz, Adrian	JR	LHS	2:27.33 q
	31.60	38.69	44.44 32.60
11 Kvistad, Jake	SR	KHS	2:29.37 q
	31.14	37.40	45.77 35.06
12 Danielson, Preston	JR	STEIL	2:30.24 q
	31.10	37.49	45.54 36.11
13 Parks, Sam	JR	SHS	2:31.04
	29.63	39.05	46.53 35.83
14 Bentsen, Jack	FR	INT	2:31.26
	32.42	40.24	43.44 35.16
15 Petersen, Kris	SR	SEQ	2:31.82
	32.95	38.70	45.84 34.33
16 Lorenz, Alex	FR	INT	2:31.89
	30.40	39.84	44.89 36.76
17 Ngo, Leo	FR	INT	2:33.08
	33.84	37.78	48.07 33.39
18 Cook, Jacob	SO	KSS	2:35.45
	33.71	43.40	41.78 36.56
19 Park, Ben	JR	CP	2:37.24
	32.26	40.91	48.64 35.43
20 Anderson, Severn	SO	SHS	2:38.84
	34.50	44.09	41.71 38.54
21 Choi, Brian	JR	FP	2:46.12
	34.17	46.37	48.64 36.94

---	Bailey, Seth	SR	OLY	DQ
	34.34	41.84	48.25 35.58	
---	Goodman, Grant	SR	STEIL	DQ
	31.20	37.59	42.42 35.11	
---	Kirstein, Adam	JR	KHS	DQ

Event 4 Boys 50 Yard Freestyle

2A Record: 22.93 2/12/2011 Andrew Franco-Munoz
23.29 2A-S

Name	Yr	School	Finals Time
Championship Final			
1 Franco-Munoz, Andrew	FR	LHS	22.93 2A-S
2 Powers, Trent	SR	SHS	22.95 2A-S
3 Nelson, Yuji	SR	INT	23.04 2A-S
4 Rockwell, Alex	SR	INT	23.11 2A-S
5 Esseln, Zach	SR	STEIL	23.48 10
6 Lyons, Kekoa	JR	FP	24.35 9
Consulation Final			
7 DeHan, Pierce	SR	WRHS	24.02 7
8 Burke, Tyler	JR	PAHS	24.05 5
9 Breakey, Ben	SO	NKHS	24.52 4
10 Taft, Steven	JR	STEIL	24.69 3
11 Rigsby, Sam	JR	SHS	24.72 2
12 Jacobsen, Aaron	SO	LHS	25.16 1

Event 4 Boys 50 Yard Freestyle

2A Record: 22.93 2/12/2011 Andrew Franco-Munoz
23.29 2A-S

Name	Yr	School	Prelim Time
Preliminaries			
1 Powers, Trent	SR	SHS	23.14 q2A-S
2 Rockwell, Alex	SR	INT	23.37 q
3 Nelson, Yuji	SR	INT	23.38 q
4 Franco-Munoz, Andrew	FR	LHS	23.46 q
5 Esseln, Zach	SR	STEIL	23.62 q
6 Lyons, Kekoa	JR	FP	23.91 q
7 DeHan, Pierce	SR	WRHS	23.97 q
8 Burke, Tyler	JR	PAHS	24.16 q
9 Taft, Steven	JR	STEIL	24.48 q
10 Breakey, Ben	SO	NKHS	24.50 q
11 Jacobsen, Aaron	SO	LHS	24.57 q
12 Rigsby, Sam	JR	SHS	24.70 q
13 Barroga, Albert	JR	INT	24.72
14 Rowsey, Nieko	JR	CP	25.07
15 Pascual, Tyler	JR	REN	25.15
16 Moores, Tom	SR	SEQ	25.16
17 Rickerson, Drew	SR	SEQ	25.21
18 Postal, Pietro	SR	SHS	25.31
19 Gilman, Michael	JR	NKHS	25.42
20 Mears, Kevin	SR	OLY	25.72
21 Bella, Ethan	JR	KHS	25.89
22 Holm, Zach	SR	LHS	25.91
23 Linzmaier, Phillip	11	EVER	26.22
*24 Machen, Ben	JR	NKHS	26.33
*24 Watkins, Matt	JR	PAHS	26.33
26 Reid, Connor	JR	PAHS	26.40
27 Ulvang, Aksel	SR	KHS	26.55

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Preliminaries ... (Event 4 Boys 50 Yard Freestyle)

Name	YrSchool	Prelim Time
28 Rickard, Seth	SO WRHS	26.62
29 Downing, Curtis	JR SHS	27.04
30 Otheim, Karl	FR KSS	27.05
31 Lanfear, Tyler	SR INT	27.45
32 Cays, Matt	SO SEQ	27.52
33 Wallace, Ben	JR CP	27.54
34 Dickson, Matt	JR FP	27.64
35 Gunstone, Andrew	JR SEQ	29.77
--- Zornes, Tanner	SO LHS	DQ

Event 5 Boys 1 mtr Diving

2A Record: 402.05 2/12/2011 Austin Fahrenholtz

Name	YrSchool	Finals Score
------	----------	--------------

Finals

1 Fahrenholtz, Austin	JR PAHS	402.05	16
2 Quaschnik, Evan	SR SHS	319.55	13
3 Christianson, Connor	JR SEQ	290.25	12
4 Perkins, Ezra	SR SEQ	284.60	11
5 Hatch, Joey	SR LHS	265.95	10
6 Clement, Austin	SO SEQ	261.50	9
7 Beasley, Sam	JR PAHS	249.95	7
8 Burton, Jake	SR STEIL	233.40	5
9 Harrison, Cameron	SO SEQ	222.65	4
10 Scott, Philip	JR PAHS	215.10	3
11 Zornes, Tanner	SO LHS	212.45	2
12 Shipes, Ryan	FR STEIL	211.15	1

Event 5 Boys 1 mtr Diving

2A Record: 402.05 2/12/2011 Austin Fahrenholtz

Name	YrSchool	Prelim Score
------	----------	--------------

Preliminaries

1 Fahrenholtz, Austin	JR PAHS	281.15	q
2 Quaschnik, Evan	SR SHS	251.30	q
3 Clement, Austin	SO SEQ	209.70	q
4 Hatch, Joey	SR LHS	204.60	q
5 Christianson, Connor	JR SEQ	202.75	q
6 Beasley, Sam	JR PAHS	189.25	q
7 Burton, Jake	SR STEIL	181.70	q
8 Perkins, Ezra	SR SEQ	180.20	q
9 Scott, Philip	JR PAHS	162.05	q
10 Shipes, Ryan	FR STEIL	160.10	q
11 Harrison, Cameron	SO SEQ	146.25	q
12 Zornes, Tanner	SO LHS	146.10	q
13 Jordan, Josh	SO LHS	109.20	
14 Kakuk, David	FR SHS	100.40	

Event 6 Boys 100 Yard Butterfly

2A Record: 53.65 2/10/2011 Victor Hsiao
57.49 2A-S

Name	YrSchool	Finals Time
1 Hsiao, Victor	SR INT	55.45 2A-S
25.85	29.60	
2 Esseln, Zach	SR STEIL	57.77 13
26.39	31.38	

3 Lim, AJ	FR LHS	59.73	12
27.55	32.18		
4 Jacobsen, Aaron	SO LHS	59.89	11
27.67	32.22		
5 Fox, Kevin	FR KHS	1:02.78	10
29.80	32.98		
6 Aban, Yorick	FR NKHS	1:03.13	9
28.96	34.17		

Consolation Final

7 Parks, Sam	JR SHS	1:04.97	7
29.73	35.24		
8 Beauchamp, Jake	FR INT	1:05.13	5
30.23	34.90		
9 Olleman, Daniel	SR INT	1:05.39	4
29.82	35.57		
10 Han, Peter	SO LHS	1:06.58	3
30.19	36.39		
11 Koehler, Avery	FR PAHS	1:07.07	2
30.36	36.71		
12 Ulvang, Aksel	SR KHS	1:07.32	1
28.87	38.45		

Event 6 Boys 100 Yard Butterfly

2A Record: 53.65 2/10/2011 Victor Hsiao
57.49 2A-S

Name	YrSchool	Prelim Time
1 Hsiao, Victor	SR INT	53.65 q2A-S
25.03	28.62	
2 Esseln, Zach	SR STEIL	58.70 q
26.20	32.50	
3 Jacobsen, Aaron	SO LHS	1:00.95 q
28.02	32.93	
4 Lim, AJ	FR LHS	1:01.23 q
28.06	33.17	
5 Aban, Yorick	FR NKHS	1:01.77 q
29.03	32.74	
6 Fox, Kevin	FR KHS	1:02.50 q
29.56	32.94	
7 Olleman, Daniel	SR INT	1:04.50 q
30.21	34.29	
8 Ulvang, Aksel	SR KHS	1:04.56 q
28.99	35.57	
9 Parks, Sam	JR SHS	1:06.23 q
29.74	36.49	
10 Papenfus, Janse	SR INT	1:06.80 q
29.85	36.95	
11 Beauchamp, Jake	FR INT	1:06.99 q
31.12	35.87	
12 Han, Peter	SO LHS	1:07.22 q
30.64	36.58	
13 Koehler, Avery	FR PAHS	1:08.50
31.26	37.24	
14 Reid, Connor	JR PAHS	1:08.72
31.73	36.99	

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Preliminaries ... (Event 6 Boys 100 Yard Butterfly)

Name	YrSchool	Prelim Time
15 Szerlog, Dylan	JR KHS	1:10.02
30.72	39.30	
16 Moores, Tom	SR SEQ	1:11.18
30.32	40.86	
17 Petersen, Kris	SR SEQ	1:12.26
33.55	38.71	
18 Cory, River	JR WRHS	1:12.71
32.35	40.36	
19 Hodgkinson, Chris	SO KSS	1:12.89
32.12	40.77	
20 Shoop, Tim	SR NKHS	1:13.47
31.18	42.29	
21 Ogburn, Demetris	SO OLY	1:14.91
33.36	41.55	
22 Harrison, Tanner	JR SHS	1:15.84
32.59	43.25	
--- Marchant, Andrew	SO STEIL	DQ
35.59	43.18	

Event 7 Boys 100 Yard Freestyle

2A Record: 49.81 2/12/2011 Eldon Cummings
51.39 2A-S

Name	YrSchool	Finals Time
Championship Final		
1 Cummings, Eldon	SR INT	49.81 2A-S
23.89	25.92	
2 Powers, Trent	SR SHS	50.84 2A-S
24.45	26.39	
3 Williams, Quaid	SO KSS	50.93 2A-S
24.22	26.71	
4 Franco-Munoz, Andrew	FR LHS	51.19 2A-S
24.28	26.91	
5 Davies, Bryce	JR WHS	52.25 10
25.09	27.16	
6 Lyons, Kekoa	JR FP	56.17 9
25.15	31.02	

Consulation Final

7 DeHan, Pierce	SR WRHS	55.42 7
25.87	29.55	
8 Rowsey, Nieko	JR CP	56.05 5
26.85	29.20	
9 Postal, Pietro	SR SHS	56.12 4
27.28	28.84	
10 Horcajo, Daniel	SR NKHS	56.15 3
26.97	29.18	
11 Rigsby, Sam	JR SHS	57.71 2
26.61	31.10	
12 Breakey, Ben	SO NKHS	58.28 1

Event 7 Boys 100 Yard Freestyle

2A Record: 49.81 2/12/2011 Eldon Cummings
51.39 2A-S

Name	YrSchool	Prelim Time
Preliminaries		
1 Powers, Trent	SR SHS	51.29 q2A-S
24.86	26.43	

2 Franco-Munoz, Andrew	FR LHS	51.36 q2A-S
24.44	26.92	
3 Williams, Quaid	SO KSS	51.63 q
25.01	26.62	
4 Cummings, Eldon	SR INT	51.70 q
24.57	27.13	
5 Davies, Bryce	JR WHS	52.31 q
25.06	27.25	
6 Lyons, Kekoa	JR FP	54.21 q
25.22	28.99	
7 DeHan, Pierce	SR WRHS	55.19 q
25.75	29.44	
8 Postal, Pietro	SR SHS	55.65 q
27.03	28.62	
9 Rigsby, Sam	JR SHS	55.68 q
26.33	29.35	
10 Horcajo, Daniel	SR NKHS	56.05 q
27.03	29.02	
11 Breakey, Ben	SO NKHS	56.13 q
26.51	29.62	
12 Rowsey, Nieko	JR CP	56.17 q
26.25	29.92	
13 Taft, Steven	JR STEIL	J56.22
26.48	29.74	
14 Gilman, Michael	JR NKHS	J56.81
27.53	29.28	
15 DaVault, Aslan	JR REN	J56.19
26.94	29.25	
16 Calderon, Noe	JR SEQ	57.03
26.18	30.85	
17 Bella, Ethan	JR KHS	57.20
27.37	29.83	
18 Holm, Zach	SR LHS	57.78
27.92	29.86	
19 Meyer, Ries	FR OLY	57.83
26.93	30.90	
20 Machen, Ben	JR NKHS	58.25
21 Bateman, Neil	SR SHS	58.33
27.75	30.58	
22 Wannquist, Kris	JR PAHS	59.09
28.92	30.17	
23 Burton, Jake	SR STEIL	59.18
27.17	32.01	
24 Hawks, Brook	JR FP	1:00.21
28.48	31.73	
25 Fitzpatrick, Paul	SO INT	1:00.69
28.43	32.26	
26 Linzmaier, Phillip	11 EVER	1:01.49
29.14	32.35	
27 Dunbar, Doug	SO SEQ	1:02.29
29.73	32.56	
28 Cays, Matt	SO SEQ	1:06.45
30.86	35.59	

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Event 8 Boys 500 Yard Freestyle

2A Record: 4:39.31 2/12/2011 Steve Sholdra
5:20.99 2A-S

Name	Yr	School	Finals Time	
Championship Final				
1 Sholdra, Steve	JR	REN	4:39.31	2A-S
			25.28 27.97 27.86 28.42	
			28.37 28.48 28.39 28.54	
			28.32 27.68	
2 Sheridan, Conrad	JR	INT	5:12.05	2A-S
			27.21 30.42 31.40 31.89	
			32.13 32.22 32.11 32.31	
			31.52 30.84	
3 Xu, Jason	FR	INT	5:13.72	2A-S
			27.82 31.54 32.42 32.11	
			32.72 31.87 32.55 31.58	
			31.82 29.29	
4 Guhlke, Connor	JR	LHS	5:29.77	11
			28.70 32.84 33.01 33.38	
			33.68 34.00 34.17 34.08	
			33.86 32.05	
5 Christen, Ian	SO	NKHS	5:33.83	10
			28.48 31.99 33.14 33.89	
			34.09 35.26 34.76 34.67	
			34.19 33.36	
6 Boekenoogen, Craig	SO	OLY	5:38.70	9
			29.16 31.93 33.72 34.16	
			34.22 35.13 35.13 35.75	
			35.98 33.52	
Consulation Final				
7 Urnes, C.J.	SR	PAHS	5:41.40	7
			1:05.01 33.66 35.39 34.78 35.39	
			34.56 35.01 32.95	
8 Franco-Munoz, Adrian	JR	LHS	5:49.67	5
			29.88 33.69 34.96 35.26	
			35.95 35.91 36.31 36.58	
			36.92 34.21	
9 Lutz, Matthew	JR	OLY	5:59.71	4
			30.45 37.38 37.40 37.93 37.94	
			37.63 36.16 34.02	
10 Rickard, Seth	SO	WRHS	6:01.16	3
			28.44 33.45 36.32 35.62	
			37.50 38.12 40.39 37.87	
			37.16 36.29	
11 Park, Ben	JR	CP	6:07.22	2
			30.91 34.50 37.07 37.40	
			37.45 37.65 38.12 38.20	
			38.78 37.14	
12 Miguel, Dante	SR	KHS	6:13.23	1
			32.63 36.31 37.17 40.10	
			39.68 37.51 38.41 40.48	
			37.85 33.09	

Event 8 Boys 500 Yard Freestyle

2A Record: 4:39.31 2/12/2011 Steve Sholdra
5:20.99 2A-S

Name	Yr	School	Prelim Time	
Preliminaries				
1 Sholdra, Steve	JR	REN	4:40.19	q2A-S
			25.39 27.99 27.63 28.37	
			28.50 28.67 28.54 29.06	
			28.31 27.73	
2 Sheridan, Conrad	JR	INT	5:00.06	q2A-S
			26.52 29.33 30.41 30.42	
			30.53 30.38 30.74 30.71	
			30.78 30.24	
3 Xu, Jason	FR	INT	5:14.11	q2A-S
			28.06 31.07 31.40 32.59	
			32.27 32.10 32.50 31.90	
			30.97 31.25	
4 Guhlke, Connor	JR	LHS	5:27.29	q
			28.61 32.73 33.45 33.85	
			33.67 33.57 33.58 33.31	
			33.57 30.95	
5 Christen, Ian	SO	NKHS	5:36.24	q
			29.05 31.90 34.18 34.08	
			34.75 34.75 34.99 34.63	
			34.62 33.29	
6 Boekenoogen, Craig	SO	OLY	5:38.18	q
			28.85 32.52 33.29 34.23	
			34.50 35.09 35.20 35.36	
			35.09 34.05	
7 Urnes, C.J.	SR	PAHS	5:40.30	q
			30.37 33.91 34.30 34.95	
			35.05 35.07 34.83 34.85	
			34.47 32.50	
8 Franco-Munoz, Adrian	JR	LHS	5:51.31	q
			30.79 34.40 34.93 36.11	
			1:12.29 36.81 36.51 33.04	
9 Rickard, Seth	SO	WRHS	5:57.78	q
			29.64 33.63 34.95 35.22	
			37.49 37.82 38.25 37.33	
			37.15 36.30	
10 Park, Ben	JR	CP	6:03.37	q
			31.16 34.93 36.78 35.64	
			36.67 38.05 37.86 38.76	
			37.29 36.23	
11 Lutz, Matthew	JR	OLY	6:04.33	q
			31.01 34.74 36.50 37.64	
			37.10 1:54.63 37.36 35.35	
12 Breckenridge, Shayd	SR	SHS	6:06.61	q
			31.04 35.36 37.93 37.48 1:53.40	
			36.62	
13 Miguel, Dante	SR	KHS	6:09.95	
			33.25 35.64 37.28 37.73	
			38.49 38.64 39.72 35.76	
			35.44 38.00	

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Preliminaries ... (Event 8 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	
14 Goodsell, Josh	SO	SHS	6:12.28	
			30.67	35.75
			37.98	39.01
			38.43	38.99
			40.60	39.83
			37.07	33.95
15 Clift, Andrew	SO	STEIL	6:13.73	
			32.81	36.41
			38.30	38.23
			38.31	38.61
			39.20	38.98
			37.97	34.91
16 Clair, Spencer	SO	LHS	6:16.44	
			31.07	35.79
			36.97	37.87
			39.08	39.02
			40.43	39.39
			39.33	37.49
17 Ballou, Dane	JR	KSS	6:30.59	
			31.78	36.84
			38.16	39.84
			40.78	39.10
			41.34	42.17
			41.22	39.36
18 Higa, Joshua	FR	INT	6:41.48	
			32.07	38.31
			40.75	41.86
			41.42	41.66
			41.98	42.68
			42.10	38.65

Event 9 Boys 200 Yard Freestyle Relay
2A Record: 1:34.17 2/12/2011 Interlake High School
K Nelson, A Barroga, C Sheridan, A Rockwell
1:35.99 2A-S

Team	Relay	Finals Time	
Championship Final			
1 INT		1:34.17	2A-S
	1) Nelson, Yuji SR	2) Barroga, Albert JR	
	3) Sheridan, Conrad JR	4) Rockwell, Alex SR	
	22.88	24.07	24.02
		23.20	
2 LHS		1:37.08	26
	1) Holm, Zach SR	2) Jacobsen, Aaron SO	
	3) Guhlke, Connor JR	4) Franco-Munoz, Andrew FR	
	25.35	24.82	23.95
		22.96	
*3 NKHS		1:39.49	23
	1) Breakey, Ben SO	2) Gilman, Michael JR	
	3) Machen, Ben JR	4) Horcajo, Daniel SR	
	24.97	24.77	25.56
		24.19	
*3 STEIL		1:39.49	23
	1) Burton, Jake SR	2) Goodman, Grant SR	
	3) Taft, Steven JR	4) Esseln, Zach SR	
	26.11	26.05	24.11
		23.22	
5 REN		1:40.65	20
	1) Odden, Jeremy SR	2) Paine, Adriel JR	
	3) DaVault, Aslan JR	4) Pascual, Tyler JR	
	25.40	26.04	24.52
		24.69	
6 KHS		1:42.41	18
	1) Fox, Kevin FR	2) Ulvang, Aksel SR	
	3) Bella, Ethan JR	4) Miguel, Dante SR	
	25.73	25.72	25.24
		25.72	
Consulation Final			
7 SEQ		1:42.71	14
	1) Calderon, Noe JR	2) Cays, Matt SO	
	3) Rickerson, Drew SR	4) Moores, Tom SR	
	25.47	27.81	24.78
		24.65	

8 WRHS		1:43.73	10
	1) DeHan, Pierce SR	2) Cory, River JR	
	3) Cory, Elijah SO	4) Rickard, Seth SO	
	24.61	26.58	26.64
		25.90	
9 OLY		1:44.88	8
	1) Meyer, Ries FR	2) Mears, Kevin SR	
	3) Bailey, Seth SR	4) Boekenooogen, Craig SO	
	25.45	25.98	27.38
		26.07	
10 PAHS		1:45.40	6
	1) Wannquist, Kris JR	2) Watkins, Matt JR	
	3) Reid, Connor JR	4) Beasley, Sam JR	
	26.76	25.96	26.20
		26.48	
11 FP		1:45.41	4
	1) Lyons, Kekoa JR	2) Dickson, Matt JR	
	3) Choi, Brian JR	4) Hawks, Brook JR	
	24.09	28.06	26.86
		26.40	
12 CP		1:48.10	2
	1) Rowsey, Nieko JR	2) Park, Ben JR	
	3) Crowe, Robert SO	4) Wallace, Ben JR	
	24.98	28.87	27.81
		26.44	

Event 9 Boys 200 Yard Freestyle Relay
2A Record: 1:34.17 2/12/2011 Interlake High School
K Nelson, A Barroga, C Sheridan, A Rockwell
1:35.99 2A-S

Team	Relay	Prelim Time	
Preliminaries			
1 INT		1:35.98	q2A-S
	1) Nelson, Yuji SR	2) Barroga, Albert JR	
	3) Sheridan, Conrad JR	4) Rockwell, Alex SR	
	23.36	24.48	24.36
		23.78	
2 LHS		1:37.41	q
	1) Holm, Zach SR	2) Jacobsen, Aaron SO	
	3) Guhlke, Connor JR	4) Franco-Munoz, Andrew FR	
	25.51	24.20	24.15
		23.55	
3 STEIL		1:40.25	q
	1) Burton, Jake SR	2) Goodman, Grant SR	
	3) Taft, Steven JR	4) Esseln, Zach SR	
	25.99	25.69	24.62
		23.95	
4 NKHS		1:40.66	q
	1) Breakey, Ben SO	2) Gilman, Michael JR	
	3) Machen, Ben JR	4) Horcajo, Daniel SR	
	25.54	25.31	25.15
		24.66	
5 REN		1:42.45	q
	1) Odden, Jeremy SR	2) Paine, Adriel JR	
	3) DaVault, Aslan JR	4) Pascual, Tyler JR	
	25.96	26.33	26.01
		24.15	
6 KHS		1:43.58	q
	1) Fox, Kevin FR	2) Ulvang, Aksel SR	
	3) Bella, Ethan JR	4) Miguel, Dante SR	
	26.04	26.25	25.14
		26.15	
7 SEQ		1:43.94	q
	1) Moores, Tom SR	2) Cays, Matt SO	
	3) Calderon, Noe JR	4) Rickerson, Drew SR	
	25.25	27.82	25.42
		25.45	
8 OLY		1:44.44	q
	1) Meyer, Ries FR	2) Mears, Kevin SR	
	3) Bailey, Seth SR	4) Boekenooogen, Craig SO	
	26.19	25.58	26.97
		25.70	

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Preliminaries ... (Event 9 Boys 200 Yard Freestyle Relay)

Team	Relay	Prelim Time
9 WRHS		1:44.53 q
1) DeHan, Pierce SR	2) Cory, River JR	
3) Cory, Elijah SO	4) Rickard, Seth SO	
24.42 27.06	26.99 26.06	
10 FP		1:46.17 q
1) Lyons, Kekoa JR	2) Dickson, Matt JR	
3) Choi, Brian JR	4) Hawks, Brook JR	
23.76 28.16	27.29 26.96	
11 PAHS		1:46.49 q
1) Wannquist, Kris JR	2) Watkins, Matt JR	
3) Reid, Connor JR	4) Beasley, Sam JR	
26.76 25.81	27.31 26.61	
12 CP		1:47.63 q
1) Rowsey, Nieko JR	2) Park, Ben JR	
3) Crowe, Robert SO	4) Wallace, Ben JR	
25.29 28.39	27.39 26.56	
13 SHS		1:48.02
1) Downing, Curtis JR	2) Goodsell, Josh SO	
3) Harrison, Tanner JR	4) Postal, Pietro SR	
27.46 27.34	27.98 25.24	
14 KSS		1:55.64
1) Harnack, James FR	2) Dunning, Egan SO	
3) Hnatovic, Kyle JR	4) Otheim, Karl FR	
27.77 30.59	28.77 28.51	

Event 10 Boys 100 Yard Backstroke

2A Record: 54.91 2/12/2011 Victor Hsiao
59.49 2A-S

Name	YrSchool	Finals Time
Championship Final		
*1 Hsiao, Victor	SR INT	54.91 2A-S
27.66 27.25		
*1 Cummings, Eldon	SR INT	54.91 2A-S
27.03 27.88		
3 Williams, Quaid	SO KSS	57.58 2A-S
28.20 29.38		
4 Burke, Tyler	JR PAHS	57.65 2A-S
28.13 29.52		
5 Odden, Jeremy	SR REN	1:01.20 10
31.00 30.20		
6 Seid, Sam	JR LHS	1:06.08 9
32.09 33.99		
Consolation Final		
7 Danielson, Preston	JR STEIL	1:06.26 7
31.44 34.82		
8 Kvistad, Jake	SR KHS	1:07.86 5
32.83 35.03		
9 Ogburn, Demetris	SO OLY	1:08.30 4
32.06 36.24		
10 Grimsley, Tarren	JR PAHS	1:09.65 3
33.88 35.77		
11 Sheridan, Oliver	FR INT	1:10.11 2
33.57 36.54		
12 Tracy, Alex	SO OLY	1:10.61 1
32.69 37.92		

Event 10 Boys 100 Yard Backstroke

2A Record: 54.91 2/12/2011 Victor Hsiao
59.49 2A-S

Name	YrSchool	Prelim Time
Preliminaries		
1 Hsiao, Victor	SR INT	55.56 q2A-S
27.28 28.28		
2 Cummings, Eldon	SR INT	57.45 q2A-S
27.83 29.62		
3 Burke, Tyler	JR PAHS	58.06 q2A-S
28.02 30.04		
4 Williams, Quaid	SO KSS	59.03 q2A-S
28.66 30.37		
5 Odden, Jeremy	SR REN	1:02.86 q
30.83 32.03		
6 Seid, Sam	JR LHS	1:05.33 q
31.83 33.50		
7 Danielson, Preston	JR STEIL	1:06.44 q
31.63 34.81		
8 Kvistad, Jake	SR KHS	1:06.99 q
32.16 34.83		
9 Ogburn, Demetris	SO OLY	1:07.73 q
32.46 35.27		
10 Sheridan, Oliver	FR INT	1:09.87 q
33.49 36.38		
11 Grimsley, Tarren	JR PAHS	1:10.30 q
34.03 36.27		
12 Tracy, Alex	SO OLY	1:11.14 q
33.76 37.38		
13 Bills, Brian	JR KHS	1:11.44
34.69 36.75		
14 Ngo, Leo	FR INT	1:12.45
33.97 38.48		
15 Quaschnik, Evan	SR SHS	1:12.90
34.26 38.64		
16 Layton, Jobe	SR SHS	1:14.16
35.68 38.48		
17 Marchant, Andrew	SO STEIL	1:17.23
37.85 39.38		
18 Dewey, Steve	SO SEQ	1:19.14
37.27 41.87		

Event 11 Boys 100 Yard Breaststroke

2A Record: 1:02.12 2/12/2011 Steve Sholdra
1:06.99 2A-S

Name	YrSchool	Finals Time
Championship Final		
1 Sholdra, Steve	JR REN	1:02.12 2A-S
29.74 32.38		
2 Powers-Hubbard, Connor	JR SHS	1:03.18 2A-S
29.80 33.38		
3 Rockwell, Alex	SR INT	1:04.90 2A-S
30.54 34.36		
4 Parks, Charlie	SR PAHS	1:09.46 11
32.74 36.72		

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Championship Final ... (Event 11 Boys 100 Yard Breaststroke)				
Name	Yr	School	Finals Time	
5 Christen, Ian	SO	NKHS	1:10.71	10
32.64	38.07			
6 Calderon, Noe	JR	SEQ	1:11.39	9
32.89	38.50			
Consolation Final				
7 Watkins, Matt	JR	PAHS	1:11.36	7
33.11	38.25			
8 Kimura, Kevin	SR	INT	1:12.78	5
33.65	39.13			
9 Wang, Mitchell	SR	LHS	1:13.48	4
33.49	39.99			
10 House, Matt	SR	LHS	1:13.54	3
34.50	39.04			
11 Mears, Kevin	SR	OLY	1:14.64	2
34.25	40.39			
12 Hatch, Joey	SR	LHS	1:15.85	1
35.15	40.70			

Event 11 Boys 100 Yard Breaststroke

2A Record: 1:02.12 2/12/2011 Steve Sholdra
1:06.99 2A-S

Name	Yr	School	Prelim Time	
Preliminaries				
1 Sholdra, Steve	JR	REN	1:03.89	q2A-S
30.63	33.26			
2 Powers-Hubbard, Connor	JR	SHS	1:05.30	q2A-S
30.07	35.23			
3 Rockwell, Alex	SR	INT	1:05.56	q2A-S
30.52	35.04			
4 Parks, Charlie	SR	PAHS	1:10.79	q
33.17	37.62			
5 Christen, Ian	SO	NKHS	1:11.40	q
33.40	38.00			
6 Anderson, Severn	SO	SHS	1:11.64	q
33.32	38.32			
7 Calderon, Noe	JR	SEQ	1:11.66	q
33.06	38.60			
8 Kimura, Kevin	SR	INT	1:13.38	q
34.17	39.21			
9 Watkins, Matt	JR	PAHS	1:13.43	q
34.21	39.22			
10 Wang, Mitchell	SR	LHS	1:13.54	q
34.19	39.35			
11 Mears, Kevin	SR	OLY	1:13.87	q
34.16	39.71			
12 House, Matt	SR	LHS	1:13.96	q
34.69	39.27			
13 Hatch, Joey	SR	LHS	1:14.16	
34.45	39.71			
14 Cook, Jacob	SO	KSS	1:14.44	
34.83	39.61			
15 Kirstein, Adam	JR	KHS	1:14.79	
34.71	40.08			

16 Lorenz, Alex	FR	INT	1:15.55
34.73	40.82		
17 Lee, Daniel	SR	INT	1:15.86
35.25	40.61		
18 Szerlog, Dylan	JR	KHS	1:15.93
35.09	40.84		
19 Cory, Elijah	SO	WRHS	1:16.30
35.64	40.66		
20 Goodman, Grant	SR	STEIL	1:17.01
35.94	41.07		
21 Dunbar, Doug	SO	SEQ	1:19.71
37.96	41.75		
22 Doan, Thien	JR	REN	1:20.59
37.35	43.24		
23 Gustafson, Zane	SR	SHS	1:25.34
37.75	47.59		
--- Cory, River	JR	WRHS	DQ
37.40	43.53		

Event 12 Boys 400 Yard Freestyle Relay

2A Record: 3:26.48 2/12/2011 Interlake High School

K Nelson, C Sheridan, V Hsiao, E Cummings
3:34.99 2A-S

Team	Relay	Finals Time
Championship Final		
1 INT		3:26.48 2A-S
1) Nelson, Yuji SR	2) Sheridan, Conrad JR	
3) Hsiao, Victor SR	4) Cummings, Eldon SR	
24.10	50.44	25.28 52.84
25.01	53.24	23.46 49.96
2 SHS		3:35.81 26
1) Powers, Trent SR	2) Postal, Pietro SR	
3) Rigsby, Sam JR	4) Powers-Hubbard, Connor JR	
24.46	50.88	26.66 55.93
26.26	56.28	25.43 52.72
3 REN		3:36.81 24
1) DaVault, Aslan JR	2) Pascual, Tyler JR	
3) Odden, Jeremy SR	4) Sholdra, Steve JR	
26.79	55.79	26.62 55.91
26.42	55.56	23.85 49.55
4 PAHS		3:38.00 22
1) Koehler, Avery FR	2) Urnes, C.J. SR	
3) Parks, Charlie SR	4) Burke, Tyler JR	
26.98	56.27	26.96 55.88
26.09	54.10	24.77 51.75
5 LHS		3:40.21 20
1) Holm, Zach SR	2) Seid, Sam JR	
3) Lim, AJ FR	4) Franco-Munoz, Andrew FR	
27.58	57.04	26.92 56.27
26.65	55.76	24.03 51.14
6 NKHS		3:44.10 18
1) Breakey, Ben SO	2) Aban, Yorick FR	
3) Horcajo, Daniel SR	4) Christen, Ian SO	
26.42	56.53	26.70 56.05
26.03	55.31	26.21 56.21

West Central District III Championships 2A - 2/10/2011 to 2/12/2011

Results

Consulation Final ... (Event 12 Boys 400 Yard Freestyle Relay)				
Team	Relay		Finals Time	
Consulation Final				
7 OLY			3:52.44	14
1) Meyer, Ries FR	2) Lutz, Matthew JR			
3) Mears, Kevin SR	4) Boekenoogen, Craig SO			
27.23	56.81	28.22	58.87	
29.07	59.64	27.18	57.12	
8 KHS			3:56.85	10
1) Kirstein, Adam JR	2) Gessler, Jason JR			
3) Kvistad, Jake SR	4) Fox, Kevin FR			
28.21	58.75	29.27	1:02.26	
27.21	57.70	27.84	58.14	
9 CP			4:04.90	8
1) Rowsey, Nieko JR	2) Park, Ben JR			
3) Crowe, Robert SO	4) Wallace, Ben JR			
27.58	56.61	29.04	1:02.08	
30.11	1:04.33	28.73	1:01.88	
10 SEQ			4:06.09	6
1) Petersen, Kris SR	2) Stoppani, Kiano SO			
3) Dunbar, Doug SO	4) Rickerson, Drew SR			
28.72	59.95	31.01	1:05.89	
30.62	1:03.57	26.62	56.68	
--- STEIL			DQ	
1) Clift, Andrew SO	2) Shipes, Ryan FR			
3) Marchant, Andrew SO	4) Burton, Jake SR			
Event 12 Boys 400 Yard Freestyle Relay				
2A Record: 3:26.48 2/12/2011 Interlake High School				
K Nelson, C Sheridan, V Hsiao, E Cummings				
3:34.99 2A-S				
Team	Relay		Prelim Time	
Preliminaries				
1 INT			3:31.41	q2A-S
1) Nelson, Yuji SR	2) Sheridan, Conrad JR			
3) Hsiao, Victor SR	4) Cummings, Eldon SR			
24.90	52.23	25.44	53.52	
24.84	52.49	25.04	53.17	
2 SHS			3:37.92	q
1) Powers, Trent SR	2) Postal, Pietro SR			
3) Rigsby, Sam JR	4) Powers-Hubbard, Connor JR			
25.12	52.22	26.69	55.58	
26.23	55.94	25.56	54.18	
3 REN			3:39.78	q
1) DaVault, Aslan JR	2) Pascual, Tyler JR			
3) Odden, Jeremy SR	4) Sholdra, Steve JR			
27.58	57.57	27.09	56.29	
26.59	56.32	23.93	49.60	
4 LHS			3:41.97	q
1) Holm, Zach SR	2) Seid, Sam JR			
3) Lim, AJ FR	4) Franco-Munoz, Andrew FR			
27.23	56.90	26.92	56.86	
26.35	55.95	24.61	52.26	
5 PAHS			3:42.08	q
1) Koehler, Avery FR	2) Urnes, C.J. SR			
3) Parks, Charlie SR	4) Burke, Tyler JR			
27.07	57.32	27.50	57.22	
26.28	54.35	25.34	53.19	

6 NKHS			3:47.75	q
1) Breakey, Ben SO	2) Aban, Yorick FR			
3) Horcajo, Daniel SR	4) Christen, Ian SO			
27.52	59.06	26.57	56.16	
26.88	56.19	27.12	56.34	
7 OLY			3:55.18	q
1) Meyer, Ries FR	2) Lutz, Matthew JR			
3) Mears, Kevin SR	4) Boekenoogen, Craig SO			
28.18	57.95	28.21	58.55	
28.67	1:00.17	27.57	58.51	
8 KHS			3:58.51	q
1) Kirstein, Adam JR	2) Gessler, Jason JR			
3) Kvistad, Jake SR	4) Fox, Kevin FR			
29.26	1:03.12	27.03	59.19	
27.91	58.92	27.21	57.28	
9 CP			4:06.88	q
1) Rowsey, Nieko JR	2) Park, Ben JR			
3) Crowe, Robert SO	4) Wallace, Ben JR			
27.71	58.27	29.92	1:02.76	
30.10	1:04.42	28.57	1:01.43	
10 SEQ			4:12.74	q
1) Petersen, Kris SR	2) Stoppani, Kiano SO			
3) Dunbar, Doug SO	4) Rickerson, Drew SR			
30.01	1:02.18	32.06	1:07.94	
31.36	1:04.45	27.77	58.17	
11 STEIL			4:21.07	q
1) Clift, Andrew SO	2) Shipes, Ryan FR			
3) Marchant, Andrew SO	4) Burton, Jake SR			
30.78	1:04.07	31.33	1:06.65	
32.88	1:09.13	28.87	1:01.22	
--- KSS			DQ	
1) Ballou, Dane JR	2) Hodgkinson, Chris SO			
3) Cook, Jacob SO	4) Williams, Quaid SO			
28.96	1:02.40	31.32	1:03.01	
30.12	1:05.44	25.40	52.65	

Scores - Men

Men - Team Rankings - Through Event 12	
1. Interlake High School	270
2. Lindbergh High School	200
3. Sumner High School	148
4. Port Angeles High School	132
5. Renton High School	108
6. North Kitsap High School	95
7. Steilacoom High School	83
8. Sequim High School	75
9. Kingston High School Boys	70
10. Olympic Trojans	60
11. Klahowya Secondary School	38
12. White River High School	30
13. Franklin Pierce High School	24
14. Washington High School	21
15. Clover Park High School	17