

**2012 BOYS WCD III 4A  
SWIMMING AND DIVING CHAMPIONSHIPS  
AND  
STATE QUALIFYING MEET  
AT  
CURTIS AQUATIC CENTER**

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WCD III BOYS SWIMMING PRELIMS: FRIDAY, FEB. 3, 2012

COACHES MEETING 3:00  
WARM-UP AT 3:30 P.M.                      PRELIMS START AT 4:30 P.M.    **AT CURTIS HIGH SCHOOL**  
SWIMMING MEET DIRECTOR:                      MARK OLSON (253) 566-5725

WCD III BOYS SWIMMING FINALS: SATURDAY, FEB. 4, 2012  
WARM-UP AT 3:00 P.M.                      FINALS AT 4:00 P.M.                      **AT CURTIS HIGH SCHOOL**  
SWIMMING MEET DIRECTOR:                      MARK OLSON (253) 566-5725

DISTRICT DIVING PRELIMS AND FINALS: THURSDAY, FEB. 2, 2012  
WARM-UP AT 3:30 P.M.                      STARTS AT 4:30 P.M.                      **AT FOSS HIGH SCHOOL**  
WCDIII 4A DIVING MEET DIRECTOR:                      ROY YOUNG (253) 571-7450

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**1. EVENT LIMIT:** Each individual is limited to **four** events, either two individual events and two relays or one individual event and three relays. Each team is limited to one relay team in each relay event and four individuals in each individual event.

- A. No exhibitions allowed
- B. No advancement to districts from league or non quals unless this is one of your 4 entries per event

**2. ALLOCATIONS:** The top 6 **fastest times** from each event (finals only) will be allocated to the State meet.

**3. SCORING**

**16 Places will be scored. EVENTS ARE SCORED FOR FINALS ONLY**

\* **Scoring**    INDIVIDUAL EVENTS: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

RELAY EVENTS: Double the individual points possible for that place

**4. AWARDS:**

Individual awards will be given to the top 6 finishers in all individual events and to the top 6 finishers in relay events.

Individual Events:	1 <sup>st</sup> -3 <sup>rd</sup> : medals	4 <sup>th</sup> -6 <sup>th</sup> ribbons
Relay Events:	1 <sup>st</sup> -3 <sup>rd</sup> : medals	4 <sup>th</sup> -6 <sup>th</sup> ribbons

**5.** The Swimming and Diving competition is governed by National Federation Rules. Please refer to rules.

**6. DISTRICT ENTRIES:**

All entries are due using Hy-Tek Team Manager. You will receive an entries file via email from us the week prior to entry deadline. Please make sure all your relay swimmers including alternates are listed with your relay entries. All teams must submit entries this way. Directions for downloading the free version of team manager will be posted on the Curtis High School Website.

- A. District entries are due to your district meet manager immediately following your league meet on **Saturday, January 28<sup>th</sup> by 9pm.**
- B. Your district divers must be listed on Team Manager with your district entries and a qualifying score.\*\*\* Divers must achieve the qualifying score prior to the entry deadline for districts. Divers who qualify at the non-qual/divisional meets may be added to your entries prior to submitting. A qualifying dive score needs to be entered along with the diver's name. Completed dive forms must be faxed to Roy Young @ 253-571-7456 by **Wed, Feb.1<sup>st</sup>.**

- C. The SPSL and the Narrows League Teams will be competing at both the WCDIII prelims and finals meets.
- D. WCD III competitors will be determined by the time standards in place below.
- E. Top 16 swimmers and relays from WCD III preliminaries will advance to the WCD III Finals.
- F. In the FINALS, there will be two heats per event which will compete in the following order:

**Heat 1: Consolation Final  
Contesting Places 9-16**

**Heat 2: Championship Final  
Contesting Places 1-8**

**G. Note:** Your official WCD III entries are your official entries to the District and State meets. Your relays that advance to the state meet must be the same eight swimmers that are listed on your District Entries.

**7. THE FOLLOWING TIME STANDARDS WILL BE IN EFFECT:**

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200 Medley Relay: 1:55.98	Diving: 225 pts.	200 Free Relay 1:42.73
200 Freestyle: 2:03.25	100 Fly: 1:01.47	100 Backstroke: 1:03.70
200 IM: 2:17.86	100 Freestyle: 0:52.91	100 Breaststroke: 1:10.32
50 Freestyle: 0:23.83	500 Freestyle: 5:38.11	400 Free Relay: 3:56.63

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**8. STATE ENTRIES:**

Please have your official state meet entries made out by the conclusion of the WCD III finals. Deliver entries to Mark Olson. I will forward them to Jeff Lowell the State meet manager.

**9. JUDGING:**

Please call Mark Olson at (253) 566-5725 ([molson@upsd.wednet.edu](mailto:molson@upsd.wednet.edu)) by Monday, Jan. 30<sup>th</sup> with the names of qualified judges and timers from your school who are able to work either or both the prelims and the championship finals.

**10. SEATING:**

Seating on the balcony side of the pool deck will be reserved for coaches only.

**11. HOSPITALITY:**

Water and Snacks will be provided for coaches and officials in the hospitality area.

**ONLY WCD PASSES WILL BE HONORED FOR THE WCD III PRELIMS AND FINALS.**

Admission to the WCD III meet will be charged according to WCD guidelines.

ADULTS/STUDENTS W/OUTASB:	\$7.00
STUDENTSW/ASB AND SENIOR CITIZENS:	\$5.00
ELEMENTARY STUDENTS:	\$4.00
CHILDREN 5&UNDER:	FREE

If you have any questions please do not hesitate to call.

**MEET MANAGER:** Swimming  
Mark Olson  
Phone: 253.566.5725  
Fax: 253.566.5626  
molson@upsd.wednet.edu  
Curtis Aquatic Center  
8805 40<sup>th</sup> Street W.  
University Place, WA 98466

Diving  
Roy Young  
Phone: 253.571.7450  
Fax: 253.571.7456  
Ryoung@tacoma.k12.wa.us  
Foss High School Pool  
2112 S Tyler St  
Tacoma, WA 98405

**MEET SCHEDULE:**

Thursday:	3:30 PM	WCD Diving Warm Ups @ Foss
	4:30 PM	WCD Diving Prelims and Finals
Friday:	3:00 PM	Coaches Meeting prior to warm ups
	3:30 PM	WCD Swimming Prelims @ Curtis: Meet Warm Up
	4:30 PM	WCD Swimming Prelims Begin: 15- Minute Break/ Warm- up after 50 free
Saturday:	3:00 PM	WCD Swimming Finals Warm-up @ Curtis
	4:00 PM	WCD Swimming Finals begin: 15 - Minute Break / Warm - up after 50 free

Coaches: If you have any questions, please call us at 253.566.5725.  
Please enter only those swimmers who meet the Time Standards!

**NOTE:** We will have 25 teams contesting districts. This means a lot of swimmers. Only bring those swimmers who are qualified and who will be swimming to make this a quality meet for district qualifiers.

**\*\*\*ONLY PARTICIPATING SWIMMERS ARE ALLOWED ON DECK\*\*\***

**\*\*\*Head Coach, Assistant Coach, and Two Managers Names must be sent in with entry forms\*\*\***

**Managers will be given passes- please do not bring extra swimmers with you to this meet. They will need to pay and sit in the spectator area.**

**Seating as well as deck space is limited. Any unauthorized individuals will be asked to leave!!!**