

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Event 1 Girls 200 Yard Medley Relay**Meet: 1:49.33 M 11/2/2002 **ROGERS**

M Rains, J Heidloff, Ch Freeman, Co Freeman

4A State: 1:45.77 S 2003 **ROGERS**

1:46.70 AUTO

1:48.70 CONS

1:55.50 AAAA

Meet Qualifying: 2:11.64

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 KENTLAKE FALCONS		1:57.61	1:53.77 qAAAA
28.22 1:00.74 (32.52)	1:28.02 (27.28)	1:53.77 (25.75)	
2 MOUNT RAINIER RAMS		1:55.16	1:53.80 qAAAA
27.54 1:00.93 (33.39)	1:28.66 (27.73)	1:53.80 (25.14)	
3 STADIUM TIGERS		1:53.31	1:54.09 qAAAA
28.51 1:02.34 (33.83)	1:28.80 (26.46)	1:54.09 (25.29)	
4 OLYMPIA BEARS		1:56.45	1:56.17 q
28.94 1:01.96 (33.02)	1:30.28 (28.32)	1:56.17 (25.89)	
5 KENTRIDGE CHARGERS		1:57.88	1:56.96 q
30.56 1:05.71 (35.15)	1:32.89 (27.18)	1:56.96 (24.07)	
6 GIG HARBOR TIDES		2:02.98	1:57.58 q
30.39 1:02.71 (32.32)	1:31.99 (29.28)	1:57.58 (25.59)	
7 TODD BEAMER TITANS		2:02.71	1:59.23 q
30.33 1:03.65 (33.32)	1:31.94 (28.29)	1:59.23 (27.29)	
8 CURTIS VIKINGS		1:59.95	1:59.29 q
29.52 1:04.30 (34.78)	1:33.20 (28.90)	1:59.29 (26.09)	
9 FEDERAL WAY EAGLES		2:01.16	2:02.21 q
34.79 1:09.86 (35.07)	1:36.24 (26.38)	2:02.21 (25.97)	
10 EMERALD RIDGE JAGS		2:03.16	2:02.96 q
31.55 1:04.31 (32.76)	1:35.18 (30.87)	2:02.96 (27.78)	
11 SHELTON HIGH CLIMBER		2:05.35	2:03.41 q
36.05 1:09.05 (33.00)	1:37.59 (28.54)	2:03.41 (25.82)	
12 PUYALLUP VIKINGS		2:03.10	2:03.51 q
31.52 1:08.36 (36.84)	1:37.24 (28.88)	2:03.51 (26.27)	
13 TAHOMA BEARS		2:03.50	2:08.70
31.68	1:41.57 ()	2:08.70 (27.13)	
14 THOMAS JEFFERSON RAI		2:08.87	2:09.20
35.13 1:11.39 (36.26)	1:39.37 (27.98)	2:09.20 (29.83)	
15 CENTRAL KITSAP COUGA		1:55.26	2:09.65
34.02 1:09.36 (35.34)	1:40.95 (31.59)	2:09.65 (28.70)	
16 ROGERS RAMS		2:09.34	2:10.90
32.12 1:09.48 (37.36)	1:43.01 (33.53)	2:10.90 (27.89)	
17 KENTWOOD CONQUEROF		2:11.63	2:12.47
35.28 1:13.41 (38.13)	1:43.94 (30.53)	2:12.47 (28.53)	
18 SOUTH KITSAP WOLVES		2:08.35	2:12.87
31.91 1:12.54 (40.63)	2:12.87 (1:00.33)		

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Event 2 Girls 200 Yard Freestyle**

Meet: 1:50.54 M 11/2/2002 MEGAN RAINS - ROGERS
 4A State: 1:46.55 S 2009 ANDIE TAYLOR - SKYLINE
 1:49.79 AUTO
 1:51.69 CONS
 1:59.90 AAAA

Meet Qualifying: 2:11.12

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Wu, Joanna	SR	KENT-MERIDIAN ROYALS	1:53.71	1:54.77	qAAAA
26.47	55.34 (28.87)	1:24.88 (29.54)	1:54.77 (29.89)		
2 Cann, Felicity	JR	STADIUM TIGERS	1:58.48	1:58.00	qAAAA
27.21	56.93 (29.72)	1:27.32 (30.39)	1:58.00 (30.68)		
3 Cratsenburg, Amber	SR	THOMAS JEFFERSON RAIDER	2:00.89	1:59.49	qAAAA
27.41	57.17 (29.76)	1:27.63 (30.46)	1:59.49 (31.86)		
4 Miller, Allanah	SR	TAHOMA BEARS	2:00.14	2:00.10	q
27.43	57.39 (29.96)	1:28.79 (31.40)	2:00.10 (31.31)		
5 Walk, Mallery	SR	PUYALLUP VIKINGS	2:04.13	2:00.14	q
27.49	57.67 (30.18)	1:28.83 (31.16)	2:00.14 (31.31)		
6 Shonka, Emily	SR	KENTRIDGE CHARGERS	2:02.56	2:00.61	q
26.76	56.85 (30.09)	1:28.85 (32.00)	2:00.61 (31.76)		
7 Lingenbrink, Samantha	SO	CENTRAL KITSAP COUGARS	1:59.70	2:02.79	q
27.07	57.35 (30.28)	1:29.26 (31.91)	2:02.79 (33.53)		
8 Hinely, Nicole	SR	SOUTH KITSAP WOLVES	2:00.33	2:03.01	q
28.10	58.83 (30.73)	1:30.75 (31.92)	2:03.01 (32.26)		
9 Lesnick, Natalie	SO	KENTWOOD CONQUERORS	2:07.76	2:03.06	q
27.85	58.69 (30.84)	1:30.89 (32.20)	2:03.06 (32.17)		
10 Kiuchi, Amy	FR	PUYALLUP VIKINGS	2:07.82	2:05.51	q
28.02	59.31 (31.29)	1:32.30 (32.99)	2:05.51 (33.21)		
11 Antilla, Courtney	JR	GIG HARBOR TIDES	2:07.94	2:06.17	q
29.64	1:01.54 (31.90)	1:34.32 (32.78)	2:06.17 (31.85)		
12 Stefanescu, Jennifer	FR	KENTLAKE FALCONS	2:06.22	2:08.41	q
28.67	1:00.57 (31.90)	1:34.96 (34.39)	2:08.41 (33.45)		
13 Morris, Paige	SR	KENTWOOD CONQUERORS	2:10.42	2:08.97	
28.75	1:00.54 (31.79)	1:34.54 (34.00)	2:08.97 (34.43)		
14 Jennings, Mikayla	FR	ROGERS RAMS	2:12.72	2:09.40	
29.29	1:02.40 (33.11)	1:36.39 (33.99)	2:09.40 (33.01)		
15 Carter, Jessica	SR	SOUTH KITSAP WOLVES	2:10.41	2:10.48	
29.53	1:02.80 (33.27)	1:37.14 (34.34)	2:10.48 (33.34)		
16 Smokoff, Amanda	JR	GIG HARBOR TIDES	2:09.69	2:11.56	
29.94	1:03.37 (33.43)	1:37.46 (34.09)	2:11.56 (34.10)		
17 Russel, Kara	JR	MOUNT RAINIER RAMS	2:12.69	2:13.48	
29.99	1:03.86 (33.87)	1:39.10 (35.24)	2:13.48 (34.38)		
18 Yekalamlari, Lydia	SR	GIG HARBOR TIDES	2:12.26	2:23.96	
30.46	1:07.20 (36.74)	1:45.76 (38.56)	2:23.96 (38.20)		

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Event 3 Girls 200 Yard IM**

Meet: 2:02.58 M 10/27/2001 EMILY KUKORS - AUBURN
 4A State: 1:58.23 S 2008 ANDIE TAYLOR - SKYLINE
 2:03.44 AUTO
 2:05.70 CONS
 2:15.00 AAAA

Meet Qualifying: 2:30.98

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Penrose, Casey	SR	STADIUM TIGERS	2:11.12	2:12.42	qAAAA
27.59	1:02.11 (34.52)	1:41.75 (39.64)	2:12.42 (30.67)		
2 Kawaguchi, Megan	SO	MOUNT RAINIER RAMS	2:12.51	2:13.00	qAAAA
28.79	1:01.87 (33.08)	1:41.95 (40.08)	2:13.00 (31.05)		
3 Phillips, Kyndal	SO	KENTLAKE FALCONS	2:15.23	2:13.58	qAAAA
28.33	1:01.72 (33.39)	1:42.88 (41.16)	2:13.58 (30.70)		
4 Webster, Rachel	JR	MOUNT RAINIER RAMS	2:23.08	2:20.75	q
30.97	1:07.63 (36.66)	1:47.13 (39.50)	2:20.75 (33.62)		
5 Williams, Laura	FR	KENTLAKE FALCONS	2:26.11	2:21.05	q
31.02	1:08.38 (37.36)	1:48.27 (39.89)	2:21.05 (32.78)		
6 Burdine, Anna	FR	MOUNT RAINIER RAMS	2:25.53	2:23.95	q
32.08	1:10.56 (38.48)	1:51.09 (40.53)	2:23.95 (32.86)		
7 Carlin, Alicia	SO	CENTRAL KITSAP COUGARS	2:21.74	2:24.29	q
29.77	1:06.88 (37.11)	1:51.32 (44.44)	2:24.29 (32.97)		
8 Lemley, Kristen	FR	MOUNT RAINIER RAMS	2:24.43	2:24.36	q
31.03	1:08.04 (37.01)	1:51.63 (43.59)	2:24.36 (32.73)		
9 Bowers, Tori	JR	TAHOMA BEARS	2:22.63	2:24.70	q
29.94	1:07.16 (37.22)	1:52.11 (44.95)	2:24.70 (32.59)		
10 Lindsley, Peyton	SR	PUYALLUP VIKINGS	2:27.72	2:26.34	q
30.98	1:08.83 (37.85)	1:51.64 (42.81)	2:26.34 (34.70)		
11 Eha, Mekena	JR	KENTLAKE FALCONS	2:29.39	2:26.74	q
32.38	1:11.49 (39.11)	1:53.84 (42.35)	2:26.74 (32.90)		
12 Avery, Leah	FR	CENTRAL KITSAP COUGARS	2:24.84	2:26.83	q
31.78	1:08.25 (36.47)	1:52.68 (44.43)	2:26.83 (34.15)		
13 Flotlin, Hannah	JR	OLYMPIA BEARS	2:25.06	2:26.97	
31.42	1:08.08 (36.66)	1:52.32 (44.24)	2:26.97 (34.65)		
14 Pearsall, Paige	JR	SOUTH KITSAP WOLVES	2:28.23	2:28.48	
30.16	1:07.53 (37.37)	1:53.47 (45.94)	2:28.48 (35.01)		
15 Chilczuk, Bella	JR	KENTRIDGE CHARGERS	2:26.31	2:28.90	
32.95	1:09.02 (36.07)	1:55.23 (46.21)	2:28.90 (33.67)		
16 Allen, Abby	SR	KENTRIDGE CHARGERS	2:30.34	2:29.45	
31.07	1:11.14 (40.07)	1:55.77 (44.63)	2:29.45 (33.68)		
17 Polzin, Mikayla	JR	CENTRAL KITSAP COUGARS	2:28.47	2:31.30	
32.69	1:13.30 (40.61)	1:56.48 (43.18)	2:31.30 (34.82)		
18 Underland, Reagan	SO	OLYMPIA BEARS	2:30.54	2:32.05	
32.75	1:13.12 (40.37)	1:56.55 (43.43)	2:32.05 (35.50)		
19 Marr, Amanda	JR	STADIUM TIGERS	2:28.57	2:33.63	
35.46	1:16.63 (41.17)	1:57.97 (41.34)	2:33.63 (35.66)		

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Event 4 Girls 50 Yard Freestyle**

Meet: 23.23 M 1985 ROSIE ZIMSEN - S. KITSAP
 4A State: 23.17 S 1990 MEGAN OESTING - MERCER IS
 23.49 AUTO
 23.86 CONS
 25.30 AAAA

Meet Qualifying: 26.77

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Mohr, Emily	SR KENTRIDGE CHARGERS	24.35	24.05	qAAAA
2	Ramey, Kenna	SO FEDERAL WAY EAGLES	24.82	24.11	qAAAA
3	Pries, Alana	FR EMERALD RIDGE JAGS	24.98	24.81	qAAAA
4	Treleven, Sadie	SR STADIUM TIGERS	25.44	25.31	q
5	Stein, Alex	FR TAHOMA BEARS	25.49	25.52	q
6	Larson, Courtney	JR MOUNT RAINIER RAMS	25.28	25.53	q
7	Avery, Sarah	SO CENTRAL KITSAP COUGARS	25.72	25.71	q
8	Barth, Eva	JR FEDERAL WAY EAGLES	25.94	25.75	q
9	Swanson, Abigail	SR KENTLAKE FALCONS	26.27	25.81	q
10	Dorhofer, Sonny	SR MOUNT RAINIER RAMS	26.68	26.02	q
11	Holly, Hannah	SO CURTIS VIKINGS	26.32	26.19	q
12	Ward, Bernie	SR MOUNT RAINIER RAMS	26.73	26.27	q
13	Langlow, Hannah	JR CURTIS VIKINGS	26.45	26.36	
14	Rah, Michelle	JR TODD BEAMER TITANS	26.40	26.38	
*15	Garcia, Hannah	SO SHELTON HIGH CLIMBERS	26.31	26.53	
*15	Allen, Flannery	JR KENTRIDGE CHARGERS	26.56	26.53	
17	Wintler, Taylor	JR TODD BEAMER TITANS	26.47	26.63	
18	Pierre, Anna	JR TAHOMA BEARS	26.57	26.77	
19	Duncanson, Maddie	SO MOUNT RAINIER RAMS	26.50	27.13	

Event 6 Girls 100 Yard Butterfly

Meet: 56.68 M 11/2/2002 EMILY STROUSE - ROGERS
 4A State: 53.10 S 2009 KATIE KINNEAR - EASTLAKE
 55.33 AUTO
 56.52 CONS
 1:00.90 AAAA

Meet Qualifying: 1:07.20

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Ramey, Kenna	SO FEDERAL WAY EAGLES	59.34	59.70	qAAAA
	28.02	59.70 (31.68)			
2	Norman, Sarah	FR OLYMPIA BEARS	59.93	59.89	qAAAA
	27.74	59.89 (32.15)			
3	Hinely, Nicole	SR SOUTH KITSAP WOLVES	1:01.05	1:00.62	qAAAA
	28.63	1:00.62 (31.99)			
4	Phillips, Kyndal	SO KENTLAKE FALCONS	1:01.56	1:00.88	qAAAA
	28.76	1:00.88 (32.12)			
5	Tanasse, Emily	JR KENTLAKE FALCONS	1:00.86	1:00.95	q
	27.91	1:00.95 (33.04)			
6	Shonka, Emily	SR KENTRIDGE CHARGERS	1:01.46	1:01.01	q
	27.91	1:01.01 (33.10)			

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Preliminaries ... (Event 6 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time	
7 Beal, Jackie	JR	MOUNT RAINIER RAMS	1:01.81	1:02.19	q
29.19		1:02.19 (33.00)			
8 Forbord, Kelsey	SR	OLYMPIA BEARS	1:01.58	1:03.46	q
29.27		1:03.46 (34.19)			
9 Early, Miranda	SR	OLYMPIA BEARS	1:01.77	1:03.55	q
29.75		1:03.55 (33.80)			
10 Jaramillo, Madisen	SR	EMERALD RIDGE JAGS	1:04.20	1:04.95	q
30.24		1:04.95 (34.71)			
11 Carlin, Alicia	SO	CENTRAL KITSAP COUGARS	1:04.69	1:06.22	q
30.50		1:06.22 (35.72)			
12 Antilla, Courtney	JR	GIG HARBOR TIDES	1:06.44	1:06.47	q
31.14		1:06.47 (35.33)			
13 Smith, Regan	JR	AUBURN TROJANS	1:05.95	1:06.58	
30.47		1:06.58 (36.11)			
14 Barbre, Jordin	JR	EMERALD RIDGE JAGS	1:07.16	1:07.17	
31.06		1:07.17 (36.11)			
15 Postma, Jenna	SO	CURTIS VIKINGS	1:06.87	1:07.24	
30.00		1:07.24 (37.24)			
16 Rios, Alejandra	JR	GIG HARBOR TIDES	1:07.10	1:08.30	
30.99		1:08.30 (37.31)			
17 Pearsall, Paige	JR	SOUTH KITSAP WOLVES	1:07.16	1:08.62	
31.24		1:08.62 (37.38)			
--- Sioda, Natasha	SR	CURTIS VIKINGS	1:03.90	DFS	
Declared false start					

Event 7 Girls 100 Yard Freestyle

Meet: 50.17 M 11/1/2008 CHELSEA BAILEY - KENTLAKE
 4A State: 49.82 S 2008 CHELSEA BAILEY - KENTLAKE
 50.88 AUTO
 51.67 CONS
 55.20 AAAA

Meet Qualifying: 59.74

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Cann, Felicity	JR	STADIUM TIGERS	55.14	52.87	qAAAA
25.50		52.87 (27.37)			
2 Mohr, Emily	SR	KENTRIDGE CHARGERS	53.61	53.38	qAAAA
25.31		53.38 (28.07)			
3 Pries, Alana	FR	EMERALD RIDGE JAGS	54.74	53.78	qAAAA
26.05		53.78 (27.73)			
4 Dougherty, Sarah	SR	KENTLAKE FALCONS	57.88	55.80	q
27.03		55.80 (28.77)			
5 Lobdell, Julia	SO	GIG HARBOR TIDES	56.37	56.26	q
26.86		56.26 (29.40)			
6 Hirata, Liane	JR	CENTRAL KITSAP COUGARS	55.04	56.35	q
26.96		56.35 (29.39)			
7 Miller, Allannah	SR	TAHOMA BEARS	55.68	56.39	q
26.87		56.39 (29.52)			
8 Miller, Jessica	FR	TAHOMA BEARS	57.85	56.53	q
27.20		56.53 (29.33)			

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Preliminaries ... (Event 7 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
9 Barth, Eva	JR	FEDERAL WAY EAGLES	57.65	56.80	q
26.95	56.80	(29.85)			
10 Treleven, Sadie	SR	STADIUM TIGERS	56.72	57.06	q
26.65	57.06	(30.41)			
11 Swanson, Abigail	SR	KENTLAKE FALCONS	58.87	57.44	q
27.47	57.44	(29.97)			
12 Pierre, Anna	JR	TAHOMA BEARS	58.38	58.03	q
27.89	58.03	(30.14)			
13 Dorhofer, Sonny	SR	MOUNT RAINIER RAMS	58.85	58.85	
27.34	58.85	(31.51)			
14 Smokoff, Amanda	JR	GIG HARBOR TIDES	58.83	59.00	
28.14	59.00	(30.86)			
15 Langlow, Hannah	JR	CURTIS VIKINGS	59.61	59.66	
28.12	59.66	(31.54)			
16 Poulton, Kate	JR	GIG HARBOR TIDES	59.48	59.80	
28.87	59.80	(30.93)			
17 Stein, Alex	FR	TAHOMA BEARS	59.39	59.99	
28.44	59.99	(31.55)			
18 DeSmet, Zoe	FR	SOUTH KITSAP WOLVES	59.73	1:00.20	
28.86	1:00.20	(31.34)			
19 Walden, Mikhaela	FR	CURTIS VIKINGS	59.70	1:00.21	
28.27	1:00.21	(31.94)			
20 Carter, Jessica	SR	SOUTH KITSAP WOLVES	59.24	1:00.27	
28.60	1:00.27	(31.67)			
21 Avery, Leah	FR	CENTRAL KITSAP COUGARS	58.91	1:00.47	
29.25	1:00.47	(31.22)			

Event 8 Girls 500 Yard Freestyle

Meet: **4:54.81 M 10/30/2004 KRISSY FORELLI - GIG HARBOR**
 4A State: **4:41.98 S 2008 AMBER MCDERMOTT - JACKSON**
4:53.20 AUTO
4:58.39 CONS
5:19.90 AAAA

Meet Qualifying: 5:58.74

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Wu, Joanna	SR	KENT-MERIDIAN ROYALS	5:11.24	5:08.62	qAAAA
27.69	58.68	(30.99)	1:29.86 (31.18)	2:01.56 (31.70)	
2:32.92 (31.36)	3:04.15 (31.23)	3:35.53 (31.38)	4:06.86 (31.33)		
4:38.03 (31.17)	5:08.62 (30.59)				
2 Cratsenburg, Amber	SR	THOMAS JEFFERSON RAIDER	5:15.86	5:15.75	qAAAA
28.81	1:00.16 (31.35)	1:31.31 (31.15)	2:03.14 (31.83)		
2:34.78 (31.64)	3:07.07 (32.29)	3:39.68 (32.61)	4:12.10 (32.42)		
4:43.98 (31.88)	5:15.75 (31.77)				
3 Penrose, Casey	SR	STADIUM TIGERS	5:19.88	5:18.77	qAAAA
27.85	58.66 (30.81)	1:30.81 (32.15)	2:02.96 (32.15)		
2:35.48 (32.52)	3:08.41 (32.93)	3:41.15 (32.74)	4:14.32 (33.17)		
4:47.06 (32.74)	5:18.77 (31.71)				
4 Walk, Mallery	SR	PUYALLUP VIKINGS	5:35.71	5:29.21	q
28.60	1:00.52 (31.92)	1:33.27 (32.75)	2:06.65 (33.38)		
2:40.17 (33.52)	3:14.27 (34.10)	3:48.23 (33.96)	4:22.32 (34.09)		
4:56.67 (34.35)	5:29.21 (32.54)				

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Name	Yr	School	Seed Time	Prelim Time	
5 Stefenescu, Jennifer	FR	KENTLAKE FALCONS	5:37.12	5:33.04	q
29.87	1:02.87 (33.00)	1:36.46 (33.59)	2:10.39 (33.93)		
2:44.13 (33.74)	3:17.62 (33.49)	3:51.80 (34.18)	4:26.06 (34.26)		
5:00.19 (34.13)	5:33.04 (32.85)				
6 Campbell, Sarah	JR	GIG HARBOR TIDES	5:41.81	5:33.98	q
30.07	1:03.19 (33.12)	1:37.06 (33.87)	2:11.16 (34.10)		
2:45.15 (33.99)	3:19.34 (34.19)	3:53.19 (33.85)	4:27.25 (34.06)		
5:01.23 (33.98)	5:33.98 (32.75)				
7 Lesnick, Natalie	SO	KENTWOOD CONQUERORS	5:41.44	5:34.52	q
29.30	1:01.92 (32.62)	1:35.12 (33.20)	2:08.87 (33.75)		
2:42.08 (33.21)	3:16.02 (33.94)	3:50.25 (34.23)	4:25.17 (34.92)		
5:00.04 (34.87)	5:34.52 (34.48)				
8 Bowers, Tori	JR	TAHOMA BEARS	5:41.50	5:36.80	q
30.13	1:03.90 (33.77)	1:38.13 (34.23)	2:12.20 (34.07)		
2:46.87 (34.67)	3:21.12 (34.25)	3:55.59 (34.47)	4:30.00 (34.41)		
5:04.22 (34.22)	5:36.80 (32.58)				
9 Chilczuk, Bella	JR	KENTRIDGE CHARGERS	5:44.93	5:42.33	q
30.15	1:03.90 (33.75)	1:38.36 (34.46)	2:13.57 (35.21)		
2:48.99 (35.42)	3:24.18 (35.19)	3:59.42 (35.24)	4:34.70 (35.28)		
5:09.46 (34.76)	5:42.33 (32.87)				
10 Baier, Emily	SR	PUYALLUP VIKINGS	5:56.60	5:43.76	q
29.85	1:03.25 (33.40)	1:36.99 (33.74)	2:11.43 (34.44)		
2:46.35 (34.92)	3:21.82 (35.47)	3:57.79 (35.97)	4:33.58 (35.79)		
5:09.22 (35.64)	5:43.76 (34.54)				
11 Smith, Regan	JR	AUBURN TROJANS	5:52.78	5:46.07	q
31.36	1:05.98 (34.62)	1:41.31 (35.33)	2:16.67 (35.36)		
2:52.02 (35.35)	3:27.40 (35.38)	4:02.52 (35.12)	4:37.75 (35.23)		
5:12.83 (35.08)	5:46.07 (33.24)				
12 Jaramillo, Madisen	SR	EMERALD RIDGE JAGS	5:47.50	5:46.21	q
30.53	1:05.06 (34.53)	1:40.20 (35.14)	2:14.97 (34.77)		
2:50.18 (35.21)	3:25.63 (35.45)	4:01.26 (35.63)	4:36.55 (35.29)		
5:11.95 (35.40)	5:46.21 (34.26)				
13 Kiuchi, Amy	FR	PUYALLUP VIKINGS	5:54.72	5:46.83	
29.40	1:03.23 (33.83)	1:38.15 (34.92)	2:13.82 (35.67)		
2:49.40 (35.58)	3:25.33 (35.93)	4:01.48 (36.15)	4:37.78 (36.30)		
5:13.48 (35.70)	5:46.83 (33.35)				
14 Lemley, Kristen	FR	MOUNT RAINIER RAMS	5:47.97	5:46.97	
30.71	1:04.87 (34.16)	1:39.79 (34.92)	2:15.46 (35.67)		
2:51.27 (35.81)	3:26.83 (35.56)	4:02.87 (36.04)	4:38.77 (35.90)		
5:14.36 (35.59)	5:46.97 (32.61)				
15 Jennings, Mikayla	FR	ROGERS RAMS	5:56.26	5:49.16	
30.77	1:05.35 (34.58)	1:41.26 (35.91)	2:17.77 (36.51)		
2:52.98 (35.21)	3:28.55 (35.57)	4:03.96 (35.41)	4:40.12 (36.16)		
5:15.25 (35.13)	5:49.16 (33.91)				
16 Morris, Paige	SR	KENTWOOD CONQUERORS	5:57.56	5:50.01	
30.26	1:04.43 (34.17)	1:39.21 (34.78)	2:14.44 (35.23)		
2:49.74 (35.30)	3:26.08 (36.34)	4:01.97 (35.89)	4:38.55 (36.58)		
5:15.02 (36.47)	5:50.01 (34.99)				
17 Anderson, Sarah	FR	GIG HARBOR TIDES	5:47.62	5:54.79	
30.46	1:04.71 (34.25)	1:40.38 (35.67)	2:16.39 (36.01)		
2:52.54 (36.15)	3:29.20 (36.66)	4:06.14 (36.94)	4:43.24 (37.10)		
5:19.84 (36.60)	5:54.79 (34.95)				

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Name	Yr	School	Seed Time	Prelim Time
18 Lindsley, Peyton	SR	PUYALLUP VIKINGS	5:54.97	5:55.14
30.97	1:05.72 (34.75)	1:41.44 (35.72)	2:17.01 (35.57)	
2:53.01 (36.00)	3:29.29 (36.28)	4:05.44 (36.15)	4:41.81 (36.37)	
5:18.72 (36.91)	5:55.14 (36.42)			
19 Wallen, Kate	SR	AUBURN RIVERSIDE RAVENS	5:58.26	5:55.97
30.53	1:03.49 (32.96)	1:37.70 (34.21)	2:12.94 (35.24)	
2:49.30 (36.36)	3:26.06 (36.76)	4:03.22 (37.16)	4:40.79 (37.57)	
5:19.16 (38.37)	5:55.97 (36.81)			
20 Yekalamlari, Lydia	SR	GIG HARBOR TIDES	5:52.37	6:12.38
32.06	1:08.78 (36.72)	1:46.23 (37.45)	2:23.53 (37.30)	
3:01.52 (37.99)	3:40.20 (38.68)	4:18.42 (38.22)	4:56.69 (38.27)	
5:35.25 (38.56)	6:12.38 (37.13)			

Event 9 Girls 200 Yard Freestyle Relay**Meet: 1:39.63 M 11/2/2002 CAPITAL****K Colley, E Rennie, A Owen, C Helgason****4A State: 1:38.53 S 1992 FOSS****1:36.88 AUTO****1:38.38 CONS****1:43.90 AAAA****Meet Qualifying: 1:58.40**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 KENTRIDGE CHARGERS		1:43.54	1:43.34 qAAAA
25.64 52.64 (27.00)	1:18.92 (26.28)	1:43.34 (24.42)	
2 CENTRAL KITSAP COUGA		1:43.67	1:44.22 q
26.66 52.53 (25.87)	1:18.76 (26.23)	1:44.22 (25.46)	
3 GIG HARBOR TIDES		1:45.80	1:45.66 q
27.14 52.85 (25.71)	1:19.95 (27.10)	1:45.66 (25.71)	
4 CURTIS VIKINGS		1:48.00	1:45.77 q
26.79 53.33 (26.54)	1:19.48 (26.15)	1:45.77 (26.29)	
5 MOUNT RAINIER RAMS		1:43.53	1:45.84 q
26.49 53.50 (27.01)	1:19.81 (26.31)	1:45.84 (26.03)	
6 FEDERAL WAY EAGLES		1:47.02	1:45.86 q
25.86 54.52 (28.66)	1:21.79 (27.27)	1:45.86 (24.07)	
7 KENTLAKE FALCONS		1:44.71	1:46.21 q
26.58 54.10 (27.52)	1:20.34 (26.24)	1:46.21 (25.87)	
8 TAHOMA BEARS		1:46.33	1:47.34 q
27.83 54.59 (26.76)	1:21.34 (26.75)	1:47.34 (26.00)	
9 PUYALLUP VIKINGS		1:50.37	1:48.60 q
26.65 54.81 (28.16)	1:21.86 (27.05)	1:48.60 (26.74)	
10 TODD BEAMER TITANS		1:52.92	1:49.56 q
26.83 54.71 (27.88)	1:22.78 (28.07)	1:49.56 (26.78)	
11 EMERALD RIDGE JAGS		1:49.75	1:49.78 q
27.76 55.37 (27.61)	1:23.42 (28.05)	1:49.78 (26.36)	
12 SHELTON HIGH CLIMBER		1:52.51	1:49.79 q
26.56 53.15 (26.59)	1:21.25 (28.10)	1:49.79 (28.54)	
13 SOUTH KITSAP WOLVES		1:52.38	1:50.29
27.76 55.69 (27.93)	1:23.45 (27.76)	1:50.29 (26.84)	
14 OLYMPIA BEARS		1:47.67	1:51.24
26.96 55.80 (28.84)	1:23.96 (28.16)	1:51.24 (27.28)	

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Team	Relay	Seed Time	Prelim Time
15 KENTWOOD CONQUEROF		1:51.16	1:53.29
28.83 57.77 (28.94)	1:25.78 (28.01)	1:53.29 (27.51)	
16 MOUNT TAHOMA THUND		1:58.12	1:55.49
29.27 57.20 (27.93)	1:27.45 (30.25)	1:55.49 (28.04)	
17 THOMAS JEFFERSON RAI		1:56.18	1:55.71
30.21 1:00.86 (30.65)	1:30.82 (29.96)	1:55.71 (24.89)	
18 ROGERS RAMS		1:55.46	1:56.41
28.68	1:28.38 ()	1:56.41 (28.03)	
19 STADIUM TIGERS		1:43.03	1:56.68
28.62 59.05 (30.43)	1:29.52 (30.47)	1:56.68 (27.16)	
20 KENT-MERIDIAN ROYALS		1:56.25	1:56.86
29.03 57.90 (28.87)	1:27.31 (29.41)	1:56.86 (29.55)	
21 AUBURN RIVERSIDE RAV		1:55.89	1:57.80
29.93 1:01.25 (31.32)	1:29.64 (28.39)	1:57.80 (28.16)	

Event 10 Girls 100 Yard Backstroke

Meet: 54.99 M 11/1/2008 CHELSEA BAILEY - KENTLAKE
 4A State: 53.95 S 2008 ANNEMARIE THAYER - BALLARD
 55.82 AUTO
 57.06 CONS
 1:01.90 AAAA

Meet Qualifying: 1:08.09

Name	Yr School	Seed Time	Prelim Time
Preliminaries			
1 Kawaguchi, Megan	SO MOUNT RAINIER RAMS	1:00.34	59.14 qAAAA
28.70 59.14 (30.44)			
2 Early, Miranda	SR OLYMPIA BEARS	1:00.25	1:00.83 qAAAA
28.98 1:00.83 (31.85)			
3 Tanasse, Emily	JR KENTLAKE FALCONS	1:02.42	1:01.22 qAAAA
29.65 1:01.22 (31.57)			
4 Larson, Courtney	JR MOUNT RAINIER RAMS	1:00.96	1:01.49 qAAAA
29.52 1:01.49 (31.97)			
5 Lingenbrink, Samantha	SO CENTRAL KITSAP COUGARS	1:01.74	1:01.56 qAAAA
29.76 1:01.56 (31.80)			
6 Hirata, Liane	JR CENTRAL KITSAP COUGARS	1:00.82	1:01.81 qAAAA
29.86 1:01.81 (31.95)			
7 Beal, Jackie	JR MOUNT RAINIER RAMS	1:01.90	1:01.84 qAAAA
30.07 1:01.84 (31.77)			
8 Dougherty, Sarah	SR KENTLAKE FALCONS	1:02.89	1:01.90 qAAAA
30.22 1:01.90 (31.68)			
9 Forbord, Kelsey	SR OLYMPIA BEARS	1:02.16	1:02.16 q
30.16 1:02.16 (32.00)			
10 Rah, Michelle	JR TODD BEAMER TITANS	1:02.04	1:03.03 q
29.79 1:03.03 (33.24)			
11 Poulton, Kate	JR GIG HARBOR TIDES	1:05.28	1:04.45 q
31.71 1:04.45 (32.74)			
12 Wintler, Taylor	JR TODD BEAMER TITANS	1:05.99	1:04.75 q
31.09 1:04.75 (33.66)			
13 Brooks, Danielle	JR KENTLAKE FALCONS	1:06.73	1:06.84
32.39 1:06.84 (34.45)			
14 Wallen, Kate	SR AUBURN RIVERSIDE RAVENS	1:07.34	1:07.36
32.20 1:07.36 (35.16)			

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Name	Yr	School	Seed Time	Prelim Time
15 Anderson, Sarah	FR	GIG HARBOR TIDES	1:06.86	1:07.45
32.72	1:07.45	(34.73)		
16 Nelson, Abby	JR	PUYALLUP VIKINGS	1:07.58	1:07.72
32.48	1:07.72	(35.24)		
17 Flotlin, Hannah	JR	OLYMPIA BEARS	1:07.76	1:08.06
33.06	1:08.06	(35.00)		
18 Walden, Mikhaela	FR	CURTIS VIKINGS	1:07.29	1:08.49
--- Long, Darla	FR	MOUNT RAINIER RAMS	1:07.93	SCR

Event 11 Girls 100 Yard Breaststroke

Meet: **1:05.41 M 10/30/2004 SARAH STOCKWELL - KENTLAKE**
4A State: 1:02.39 S 2003 MISSY MCINTYRE - OAK HARBOR
1:03.87 AUTO
1:05.18 CONS
1:10.30 AAAA

Meet Qualifying: 1:18.58

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Marr, Amanda	JR	STADIUM TIGERS	1:12.05	1:09.88	qAAAA
33.06	1:09.88	(36.82)			
2 McCullough, Elyanna	SR	GIG HARBOR TIDES	1:13.51	1:09.93	qAAAA
32.23	1:09.93	(37.70)			
3 Burdine, Anna	FR	MOUNT RAINIER RAMS	1:13.65	1:12.03	q
34.03	1:12.03	(38.00)			
4 Webster, Rachel	JR	MOUNT RAINIER RAMS	1:13.17	1:12.05	q
34.12	1:12.05	(37.93)			
5 Williams, Laura	FR	KENTLAKE FALCONS	1:12.81	1:12.14	q
33.28	1:12.14	(38.86)			
6 Norman, Sarah	FR	OLYMPIA BEARS	1:12.31	1:12.55	q
33.85	1:12.55	(38.70)			
7 Smith, Charlotte	JR	OLYMPIA BEARS	1:14.64	1:12.84	q
34.38	1:12.84	(38.46)			
8 Freeborn, Leah	SR	TODD BEAMER TITANS	1:15.28	1:13.38	q
34.37	1:13.38	(39.01)			
9 Avery, Sarah	SO	CENTRAL KITSAP COUGARS	1:14.13	1:14.32	q
35.08	1:14.32	(39.24)			
10 Eha, Mekena	JR	KENTLAKE FALCONS	1:15.66	1:15.75	q
34.88	1:15.75	(40.87)			
11 Polzin, Mikayla	JR	CENTRAL KITSAP COUGARS	1:17.11	1:16.22	q
35.51	1:16.22	(40.71)			
12 Long, Chanel	SO	GIG HARBOR TIDES	1:18.04	1:16.61	q
36.15	1:16.61	(40.46)			
13 Allen, Flannery	JR	KENTRIDGE CHARGERS	1:16.57	1:16.76	
35.15	1:16.76	(41.61)			
14 Rzeszewicz, Hannah	SO	CURTIS VIKINGS	1:17.22	1:17.21	
35.70	1:17.21	(41.51)			
15 Underland, Reagan	SO	OLYMPIA BEARS	1:17.29	1:18.27	
36.55	1:18.27	(41.72)			
16 Minighin, Sara	SR	SHELTON HIGH CLIMBERS	1:18.68	1:18.79	
36.35	1:18.79	(42.44)			

WCD III 4A Girls Swim & Dive Championships**October 27 - 29 2011 Rogers Aquatic Center****Results - WCD III Girls Swimming & Diving Champs - Swimming Prelims****Preliminaries ... (Event 11 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
17 Sparkman, Kristen	SR	KENTRIDGE CHARGERS	1:16.83	1:19.55
36.25	1:19.55 (43.30)			
18 Campbell, Emma	FR	GIG HARBOR TIDES	1:18.13	1:20.19
36.57	1:20.19 (43.62)			

Event 12 Girls 400 Yard Freestyle Relay

Meet: 3:33.91 M 11/2/2002 ROGERS

E Strouse, Co Freeman, Ch Freeman, M Rains

4A State: 3:29.68 S 2002 ROGERS

3:30.30 AUTO

3:33.89 CONS

3:47.90 AAAA

Meet Qualifying: 4:22.67

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 KENTLAKE FALCONS		3:51.83	3:45.72 qAAAA
27.19	57.11 (57.11)	1:24.73 (27.62)	1:54.01 (56.90)
2:20.90 (26.89)	2:49.59 (55.58)	3:15.98 (26.39)	3:45.72 (56.13)
2 MOUNT RAINIER RAMS		3:45.65	3:46.16 qAAAA
28.10	59.02 (59.02)	1:26.28 (27.26)	1:56.33 (57.31)
2:22.45 (26.12)	2:52.31 (55.98)	3:18.08 (25.77)	3:46.16 (53.85)
3 CENTRAL KITSAP COUGA		3:47.34	3:48.41 q
27.38	56.99 (56.99)	1:24.66 (27.67)	1:54.14 (57.15)
2:21.12 (26.98)	2:51.20 (57.06)	3:18.56 (27.36)	3:48.41 (57.21)
4 GIG HARBOR TIDES		3:53.32	3:50.08 q
28.04	58.25 (58.25)	1:26.37 (28.12)	1:57.40 (59.15)
2:24.25 (26.85)	2:54.05 (56.65)	3:20.61 (26.56)	3:50.08 (56.03)
5 STADIUM TIGERS		3:51.18	3:51.11 q
27.59	57.69 (57.69)	1:23.92 (26.23)	1:53.67 (55.98)
2:23.62 (29.95)	2:57.99 (1:04.32)	3:22.70 (24.71)	3:51.11 (53.12)
6 OLYMPIA BEARS		3:52.37	3:52.52 q
27.62	57.89 (57.89)	1:26.35 (28.46)	2:05.02 (1:07.13)
2:25.36 (20.34)	2:56.68 (51.66)	3:23.52 (26.84)	3:52.52 (55.84)
7 PUYALLUP VIKINGS		3:53.27	3:53.23 q
27.95	59.83 (59.83)	1:27.78 (27.95)	1:58.68 (58.85)
2:26.85 (28.17)	2:57.62 (58.94)	3:23.90 (26.28)	3:53.23 (55.61)
8 TAHOMA BEARS		3:50.67	3:54.10 q
28.10	58.11 (58.11)	1:26.49 (28.38)	1:58.66 (1:00.55)
2:27.03 (28.37)	2:58.43 (59.77)	3:13.23 (14.80)	3:54.10 (55.67)
9 CURTIS VIKINGS		3:55.00	3:55.19 q
28.70	1:00.67 (1:00.67)	1:28.29 (27.62)	1:59.39 (58.72)
2:26.17 (26.78)	2:56.55 (57.16)	3:24.21 (27.66)	3:55.19 (58.64)
10 EMERALD RIDGE JAGS		3:57.07	3:55.57 q
28.75	1:00.81 (1:00.81)	1:28.30 (27.49)	1:58.95 (58.14)
2:27.58 (28.63)	3:00.39 (1:01.44)	3:26.86 (26.47)	3:55.57 (55.18)
11 SOUTH KITSAP WOLVES		4:01.46	4:00.95 q
29.48	1:01.55 (1:01.55)	1:30.98 (29.43)	2:03.51 (1:01.96)
2:19.76 (16.25)	3:03.73 (1:00.22)	3:31.22 (27.49)	4:00.95 (57.22)
12 KENTWOOD CONQUEROF		3:59.63	4:01.06 q
28.08	58.47 (58.47)	1:28.15 (29.68)	2:00.73 (1:02.26)
2:29.03 (28.30)	3:02.00 (1:01.27)	3:30.28 (28.28)	4:01.06 (59.06)

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Team	Relay			Seed Time	Prelim Time
13 KENTRIDGE CHARGERS				4:15.90	4:11.36
	30.19	1:03.59 (1:03.59)	1:33.14 (29.55)	2:07.03 (1:03.44)	
	2:36.84 (29.81)	3:10.35 (1:03.32)	3:39.82 (29.47)	4:11.36 (1:01.01)	
14 SHELTON HIGH CLIMBER				4:11.43	4:13.63
	28.70	1:02.00 (1:02.00)	1:30.65 (28.65)	2:01.84 (59.84)	
	2:31.95 (30.11)	3:06.81 (1:04.97)	3:39.80 (32.99)	4:13.63 (1:06.82)	
15 ROGERS RAMS				4:16.64	4:18.03
	30.15	1:02.96 (1:02.96)	1:35.61 (32.65)	2:11.08 (1:08.12)	
	2:41.84 (30.76)	3:16.08 (1:05.00)	3:44.97 (28.89)	4:18.03 (1:01.95)	
16 MOUNT TAHOMA THUND				4:20.33	4:20.95
	30.44	1:05.44 (1:05.44)	1:35.32 (29.88)	2:10.39 (1:04.95)	
	2:43.14 (32.75)	3:23.51 (1:13.12)	3:48.37 (24.86)	4:20.95 (57.44)	
17 KENT-MERIDIAN ROYALS				4:27.79	4:24.48
	30.59	1:03.89 (1:03.89)	1:35.96 (32.07)	2:10.50 (1:06.61)	
	2:41.73 (31.23)	3:17.06 (1:06.56)	3:49.77 (32.71)	4:24.48 (1:07.42)	
18 FEDERAL WAY EAGLES				4:15.00	4:30.13
	31.28	1:07.21 (1:07.21)		2:14.76 (1:07.55)	
	2:46.69 (31.93)	3:24.32 (1:09.56)	3:54.90 (30.58)	4:30.13 (1:05.81)	