

**2009 District III
Girls' District & State Diving Invitational
@ Auburn School District Pool
October 17th, 2009**

Participating Teams: Any School in WCD III with a Swim & Dive team.

Facility: Two - one meter springboards, mounted on Duraflex stands.

Timeline:

Arrival	9:00
Warm-up:	9:30am
Meet starts:	10:30am

Entry Fees: A \$5.00 entry fee will be charged per diver, due at time of entry.
Please make checks payable to: AMHS

Rules: In accordance with the 2009-2010 edition of the Federation Swimming and Diving Rule Book.

Diving Forms: Please use the 2009-2010 diving form.
Please fill out forms in Pencil.
Send dive forms to: Dannette Schreib
112 J st. NE
Auburn, WA 98002

State Qualifying: Divers may qualify for state High School Championship Meet by using 6 optional dives that add up to at least; 4A-11.6DD and score 315 points for all 11 dives, 2A/3A -11.6 DD and must score 300 points total for all 11 dives. All dive sheets will be forwarded to the state meet director.

Special Notes: No diver will be allowed to participate without a coach in attendance. Divers must be able to perform all 11 dives.

Spectator fees:

Adults / Students w/o ASB	\$6.00
Seniors / Students w/ ASB	\$4.00
Children under 12	\$3.00
Preschool children	Free

Address of pool: **516 4th St. NE Auburn WA, 98002**

Questions: Direct any questions to Dannette Schreib @ 253-332-3156