

**2A WEST CENTRAL DISTRICT
TRACK AND FIELD MEET
Friday May 20 and Saturday May 21, 2011
Sunset Chev Stadium**

Friday, May 20

Field Events

3:00 Boys Pole Vault
3:10 Boys Long Jump
3:20 Girls Javelin Throw
3:30 Boys Shot Put
5:00 Girls Triple Jump
5:15 Girls High Jump
5:30 Girls Discus Throw

Running Events

– Prelims (finals indicated)

4:00 Girls 4 X 200 m Relay
4:15 Boys 110 m High Hurdles
4:30 Girls 100 m High Hurdles
4:45 Boys 100 m Dash
4:55 Girls 100 m Dash
5:05 Boys 800 m Run
5:15 Girls 800 m Run
5:30 Boys 4 X 100 m Relay
5:40 Girls 4 X 100 m Relay
5:50 Boys 400 m Dash
5:00 Girls 400 m Dash
6:15 Boys 300 m Inter. Hurdles
6:25 Girls 300 m Low Hurdles
6:40 Boys 200 m Dash
6:50 Girls 200 m Dash
7:00 Boys 3200 m Run (final)
7:15 Boys 4 X 400 m Relay
7:25 Girls 3200 m Run (final)
7:40 Girls 4 X 400 m Relay

Saturday, May 21

Field Events

11:00 Girls Pole Vault
11:10 Boys Triple Jump
11:20 Boys Javelin Throw
11:30 Girls Shot Put
1:00 Girls Long Jump
1:15 Boys High Jump
1:30 Boys Discus Throw

Running Events

–All Finals

12:30 Girls 4 X 200 m Relay
12:40 Boys 110 m High Hurdles
12:50 Girls 100 m High Hurdles
1:00 Boys 100 m Dash
1:05 Girls 100 m Dash
1:15 Boys 800 m Run
1:20 Girls 800 m Run
1:30 Boys 4 X 100 m Relay
1:35 Girls 4 X 100 m Relay
1:45 Boys 400 m Dash
1:50 Girls 400 m Dash
2:00 Boys 300 m Inter. Hurdles
2:10 Girls 300 m Low Hurdles
2:20 Boys 200 m Dash
2:25 Girls 200 m Dash
2:35 Boys 1600 m Run
2:45 Girls 1600 m Run
3:00 Boys 4 X 400 m Relay
3:10 Girls 4 X 400 m Relay