

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 201 Boys 100 Meter Dash 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 1:00 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Kevin Johnson	12	Sumner	11.46
3	Frank Cange	12	Lindbergh	11.18
4	Ryan Stanford	10	Union	11.01
5	Mehdi Ettehadulhagh	11	Port Angeles	11.14
6	Marquin Russell	9	Lakes	11.26
7	Kinsley Ojukwu	12	Union	11.26
Heat 2 of 3 Prelims				
2	Devan Bickham	12	Lindbergh	11.43
3	Michael	11	Yelm	11.26
4	Stanley Ojukwu	12	Union	11.14
5	Douglas Sudberry	11	Timberline	11.01
6	Roman Vern	11	Capital	11.21
7	Alexander Fuchs	12	North Kitsap	11.34
Heat 3 of 3 Prelims				
2	Brandon Galang	11	North Thurston	11.27
3	Darian Brooks	11	Kennedy	11.24
4	Duncan Mackay	12	Hazen	11.09
5	Alex Flores	12	North Kitsap	11.04
6	Nathaniel Penaranda	12	Union	11.24
7	Adam Freed	12	Lindbergh	11.37

Event 202 Boys 200 Meter Dash 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 6:20 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Demasha Aldridge	11	Bremerton	23.04
3	Christopher Stokes	11	Franklin Pierce	23.03
4	Rashaun Johnson	12	Foster	21.98
5	Frank Cange	12	Lindbergh	22.60
6	Marquin Russell	9	Lakes	22.68
Heat 2 of 3 Prelims				
2	Nathaniel Penaranda	12	Union	23.18
3	Devan Bickham	12	Lindbergh	22.87
4	Alex Flores	12	North Kitsap	22.04
5	Mehdi Ettehadulhagh	11	Port Angeles	22.34
6	Duncan Mackay	12	Hazen	22.69
7	Courtney Williams	12	Clover Park	23.17
Heat 3 of 3 Prelims				
2	Devonte Green	11	Foster	23.32
3	Roman Vern	11	Capital	22.79
4	Ryan Stanford	10	Union	22.50
5	Michael Okoro	12	Clover Park	22.05
6	Michael	11	Yelm	22.78
7	Adam Hall	12	Columbia Riv	23.22

Event 203 Boys 400 Meter Dash 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 5:05 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Immanuel Carter	10	Renton	52.43
2	Brandon Barnett	12	Bonney Lake	51.49
3	Stanley Ojukwu	12	Union	51.29
4	Michael Okoro	12	Clover Park	49.56
5	Tolen McGregor	12	North Kitsap	52.51
6	Collin Green	12	White River	50.50
7	Michael McGillivray	12	Hazen	52.32
8	Chris Tramble	10	Renton	53.86
Heat 2 of 2 Prelims				
1	Laudon Thomas	12	Renton	53.51
2	Gabe Rego	10	Union	51.42
3	DeVon Dansby	10	Timberline	51.01
4	Andre Washington	12	Hudson's Bay	50.80
5	Tethliach Chuol	12	Mt Rainier	50.95
6	Christopher Stokes	11	Franklin Pierce	51.14
7	Courtney Williams	12	Clover Park	51.30
8	Parley Scott	12	Port Angeles	52.61

Event 204 Boys 800 Meter Run 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 1:40 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Tucker Boyd	9	Camas	2:07.39
2	Joel Brose	12	North Kitsap	1:59.65
3	Nathan Huynh	12	Capital	1:58.21
4	Markus Duhamel	11	Columbia Riv	2:02.73
5	Brandon Baumchen	12	Bonney Lake	1:56.00
6	Braden Timpe	12	Enumclaw	1:57.51
7	Peter VanNuland	12	Hazen	2:01.11
8	Andrew Headley	11	Mt Rainier	2:01.75
Heat 2 of 2 Prelims				
1	Joey Castrey	12	Hudson's Bay	2:04.52
2	Larry Calvert	11	Enumclaw	2:00.57
3	Mat Dickson	12	White River	1:57.93
4	Adriel Paine IV	10	Renton	2:00.43
5	Tyler Spear	11	North Kitsap	1:59.08
6	Keegan Hall	12	Peninsula	1:57.90
7	Nate Reitz	12	Lindbergh	2:00.60
8	Matt Dorsett	12	Kennedy	2:01.89

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 205 Boys 1600 Meter Run 3A

Saturday 5/22/2010 - 2:35 PM

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Chris Borg	12	Peninsula	4:24.26	
2	Tabor Reedy	12	North Kitsap	4:30.29	
3	Josh Reiter	12	Camas	4:26.36	
4	Kyle Boe	12	Columbia Riv	4:21.87	
5	Marcus Dickson	10	White River	4:19.17	
6	Curtis King	10	Peninsula	4:27.79	
7	Izaic Yorks	10	Lakes	4:27.58	
8	Trevor Thompson	12	Lindbergh	4:26.87	
9	Peter VanNuland	12	Hazen	4:31.74	
10	Keegan Hall	12	Peninsula	4:29.48	
11	Markus Duhamel	11	Columbia Riv	4:30.01	
12	David Lee	12	Peninsula	4:28.45	
13	Mark Garcia	10	Lindbergh	4:37.68	
14	John Wojtech	12	Olympic	4:35.51	
15	James Cornell	12	Lindbergh	4:36.30	
16	Khalid Abebe	12	Mt Rainier	4:35.14	

Event 206 Boys 3200 Meter Run 3A

Friday 5/21/2010 - 5:45 PM

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	John Christian	12	Port Angeles	9:48.49	
2	Chris Borg	12	Peninsula	9:29.95	
3	Curtis King	10	Peninsula	9:49.17	
4	Josh Reiter	12	Camas	9:41.66	
5	Izaic Yorks	10	Lakes	9:40.71	
6	Trevor Thompson	12	Lindbergh	9:29.26	
7	David Lee	12	Peninsula	9:47.90	
8	Kyle Boe	12	Columbia Riv	9:31.05	
9	Nick Lipinski	12	A-Mountainview	10:02.79	
10	Tabor Reedy	12	North Kitsap	9:51.79	
11	Nick Borg	10	Peninsula	9:53.08	
12	Ahmed Mohamoud	11	Mt Rainier	10:01.66	
13	James Cornell	12	Lindbergh	10:06.42	
14	Khalid Abebe	12	Mt Rainier	9:57.26	
15	Roman Kirkov	10	Union	9:51.23	
16	Luke Garcia	10	Lindbergh	10:01.10	

Event 207 Boys 110 Meter Hurdles 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 11:50 AM

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Kramer Green	12	White River	16.29	
2	Tyler Rogers	12	Lakes	15.64	
3	Guyson Jaramillo King	12	Highline	14.78	
4	Rashaun Johnson	12	Foster	14.64	
5	Aljohn Gaviola	11	Olympic	15.76	
6	Evan Curry	12	Renton	15.22	
7	Jacob Novak	11	Peninsula	16.14	
8	Josiah Reynolds		Union	16.60	
Heat 2 of 2 Prelims					
1	Shane Farrell	11	A-Mountainview	16.67	
2	Reilly Enriquez	11	Olympic	16.08	
3	Tuifua Tausinga	11	Foster	15.53	
4	Andrew Almeida	12	Yelm	15.49	
5	Mikey Lauritzen	12	Camas	15.05	
6	James Holland	12	Hazen	14.89	
7	Taylor Nelson	12	Union	15.90	
8	Joe Cerne	12	Enumclaw	16.83	

Event 208 Boys 300 Meter Hurdles 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 2:25 PM

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Joseph Powell	12	Renton	41.92	
2	Chris Holmquist	12	Fort Vancouv	41.85	
3	Mason Wells	11	North Thurston	40.29	
4	David Pierce	11	Bremerton	41.43	
5	Rashaun Johnson	12	Foster	37.83	
6	Rashon Smith	10	Timberline	40.89	
7	Guyson Jaramillo King	12	Highline	40.94	
8	Harley Dakis	12	Olympic	43.37	
Heat 2 of 2 Prelims					
1	Marcus Rodriguez	12	Columbia Riv	42.11	
2	Kramer Green	12	White River	40.99	
3	Evan Curry	12	Renton	40.63	
4	Jordin Andrade	12	Bonney Lake	39.02	
5	Taylor Nelson	12	Union	41.03	
6	James Holland	12	Hazen	40.77	
7	Michael Madden	12	White River	41.55	
8	Zach Williams	10	Yelm	42.76	

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 209 Boys 4x100 Meter Relay 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 3:15 PM

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Columbia Riv		44.65
	1) Jordan Currie 12	2) David Strittmatter 12	
	3) Joshua Terrance 11	4) Marcus Rodriguez 12	
	5) Jordan Brown 12	6) Adam Hall 12	
2	Foster		44.31
	1) Devonte Green 11	2) George Le 12	
	3) Mikhail Jackson 10	4) Tuifua Tausinga 11	
	5) Jonathon Powell 11	6) Becar Hodzic 9	
3	Renton		43.32
	1) PJ Benedictus 11	2) Robert Reeves III 11	
	3) Evan Curry 12	4) Laudon Thomas 12	
	5) Chris Tramble 10	6) Immanuel Carter 10	
4	Lindbergh		43.30
	1) Adam Freed 12	2) Devan Bickham 12	
	3) Frank Cange 12	4) Derek Roseboro 12	
	5) Joe Simpson 9	6) Mitchell Hughey 9	
5	North Kitsap		44.20
	1) Alex Flores 12	2) Alexander Fuchs 12	
	3) Tolen McGregor 12	4) Paolo De Guzman 11	
	5) Jesse Banda 12	6) Conner McCorkle 10	
6	Lakes		43.79
	1) Blue Kearney 12	2) Sammie Long 10	
	3) Joe Njoku 10	4) Marquin Russell 9	
	5) Levonte' Littlejohn 10	6) Tyler Rogers 12	
7	Yelm		44.07
	1) Andrew Almeida 12	2) Robert Burkhardt 12	
	3) Taylor Mitchell 10	4) Michael Herlinger-Hopkins	
	5) Zach Williams 10	6) John Larsen 11	
8	Prairie		44.45
	1) Jesse Zalk 10	2) Colton Prestwich 9	
	3) Abraham Slifer 11	4) Jacob Prewitt 11	
	5) Garrett Baltazar		

Heat 2 of 2 Prelims

1	Bonney Lake		44.50
	1) Jordin Andrade 12	2) Taylor Foster 10	
	3) John Krizak 9	4) Hunter Colegrove 12	
	5) Brandon Barnett 12		
2	North Thurston		44.22
	1) Lawyer Tillman 11	2) Landon Bain-Rushton 10	
	3) Mitchel Mahan 11	4) Brandon Galang 11	
	5) Brandon Belisario 9	6) Mason Wells 11	
3	Timberline		43.69
	1) Emanuell Sloan 12	2) Delas Raiford 12	
	3) Steven Berube 12	4) Quinton Sison 10	
	5) Douglas Sudberry 11	6) Anthony Chaney 10	
4	Clover Park		43.32
	1) Anthony Lee 12	2) Courtney Williams 12	
	3) Spencer Marr 12	4) Michael Okoro 12	
	5) Jacob Harmon 12	6) Bret Dulay 10	
5	Union		43.57
	1) Stanley Ojukwu 12	2) Kinsley Ojukwu 12	
	3) Ryan Stanford 10	4) Nathaniel Penaranda 12	
	5) Zach Browning 11	6) Mitch Saylor 12	
6	Hazen		43.58
	1) James Holland 12	2) Duncan Mackay 12	
	3) Stephen Johnson 11	4) Tyler Snow 12	
	5) Cody Taylor 10	6) Varuna Bridgers 11	
7	Port Angeles		44.28
	1) Rylan Spencer 11	2) Parley Scott 12	
	3) Cameron Braithwaite 10	4) Mehdi Ettehadulhagh 11	
	5) Nathan Hofer 12	6) Adam Raemer 12	
8	Kennedy		44.57
	1) Brandon Yarbrough 9	2) Antonio Winter 9	
	3) Orion Prescott 10	4) Darian Brooks 11	
	5) Ian Nobmann 10	6) Micah Breland 9	

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 210 Boys 4x400 Meter Relay 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times
Friday 5/21/2010 - 7:30 PM

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Yelm		3:32.51
	1) Zach Gonzales 12	2) Philip Gothro 12	
	3) John Larsen 11	4) Taylor Mitchell 10	
	5) Michael Herlinger-Hopkins	6) Zach Williams 10	
2	Mt Rainier		3:32.12
	1) Brad Barth 11	2) Andrew Headley 11	
	3) Trevor Larson 11	4) Tethliach Chuol 12	
	5) Cameron Stedman 9	6) Jonathan Gleason 9	
3	Bonney Lake		3:30.60
	1) Jordin Andrade 12	2) Reed Hawkins 11	
	3) John Krizak 9	4) Brandon Baumchen 12	
	5) Hunter Colegrove 12	6) Brandon Barnett 12	
4	North Kitsap		3:32.06
	1) Tyler Spear 11	2) Alexander Fuchs 12	
	3) Alex Flores 12	4) Tolen McGregor 12	
	5) Nate Roberts 10	6) Sebastian Ford 10	
5	White River		3:23.39
	1) Collin Green 12	2) Kramer Green 12	
	3) Mat Dickson 12	4) Marcus Dickson 10	
	5) Devin Liebel 9	6) Josh Miller 10	
6	Clover Park		3:26.69
	1) Courtney Williams 12	2) James Powell 12	
	3) Josh Otto 12	4) Michael Okoro 12	
	5) Isom Brown 9	6) Ryan Dulay 10	
7	Columbia Riv		3:31.52
	1) Jordan Currie 12	2) Jordan Brown 12	
	3) Markus Duhamel 11	4) Heath Meler 9	
	5) Kyle Boe 12	6) Riley Gaffney 12	
8	Kennedy		3:35.86
	1) Liuailealofa Jennings 11	2) Micah Breland 9	
	3) Casey Burns 11	4) Matt Dorsett 12	
	5) Scott Penner 11	6) Evan Shioyama 12	

Heat 2 of 2 Prelims

1	Port Angeles		3:34.26
	1) Parley Scott 12	2) Mehdi Ettehadulhagh 11	
	3) Cameron Braithwaite 10	4) Drew Mulder 11	
	5) Nick Peterson 12	6) Nathan Hofer 12	
2	Hazen		3:31.79
	1) James Holland 12	2) Tyler Snow 12	
	3) Cody Taylor 10	4) Michael McGillivray 12	
	5) Duncan Mackay 12	6) Peter VanNuland 12	
3	Timberline		3:30.29
	1) Steven Berube 12	2) Delas Raiford 12	
	3) Emanuell Sloan 12	4) James Segura-Mitchell 10	
	5) Rashon Smith 10	6) DeVon Dansby 10	
4	Union		3:27.50
	1) Stanley Ojukwu 12	2) Gabe Rego 10	
	3) Brock Sparks 10	4) Zach Browning 11	
	5) Roman Kirkov 10	6) Kinsley Ojukwu 12	
5	Renton		3:29.67
	1) PJ Benedictus 11	2) Chris Tramble 10	
	3) Laudon Thomas 12	4) Immanuel Carter 10	
	5) Adriel Paine IV 10	6) Evan Curry 12	
6	Hudson's Bay		3:28.20
	1) Andre Washington 12	2) Joey Castrey 12	
	3) Cameron Falkner 12	4) Matt Dally 12	
	5) Patrick Fisher 11		
7	Enumclaw		3:31.54
	1) Robby Johnson 11	2) Branden Russell 12	
	3) Larry Calvert 11	4) Braden Timpe 12	
	5) Ryan Weller 12	6) Cory Johnson 10	
8	Lindbergh		3:34.95
	1) Nate Reitz 12	2) Nate Tandecki 11	
	3) Mitchell Hughey 9	4) Luke Cruz 10	
	5) Derek Roseboro 12	6) Devan Bickham 12	

Event 211 Boys High Jump 3A

Saturday 5/22/2010 - 3:05 PM

Starting Height - 5'6"

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Sean Scruggs	12	Kennedy	5-08.00
2	Mario Jackson	12	Highline	5-08.00
3	Derek Roseboro	12	Lindbergh	5-08.00
4	Kieran Weatherspoon	11	Union	5-09.00
5	Kaben Humphrey Butler	10	Union	5-09.00
6	Ben Torjesen	12	Timberline	5-10.00
7	Joseph Powell	12	Renton	5-10.00
8	Josh Zahnnow	12	Bonney Lake	5-10.00
9	JR Grosshans	12	Peninsula	5-10.00
10	David Bowman	12	Lindbergh	5-10.00
11	Jacob Gilman	10	Peninsula	5-10.00
12	Jacob Troupe	11	Union	5-11.00
13	Nathan Hofer	12	Port Angeles	6-00.00
14	Logan Myers	11	Capital	6-02.00
15	Taylor McAllister	11	Lakes	6-02.00
16	Hunter Keffer	10	Olympic	6-03.00

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 212 Boys Pole Vault 3A

Friday 5/21/2010 - 10:45 AM

Starting Height - 11'6"

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Gunnar Christensen	12	Capital	12-00.00
2	Glenn Runnels	12	North Kitsap	12-00.00
3	Jonoah Lentz	12	Sumner	12-00.00
4	Ravit Ly	12	Hazen	12-00.00
5	Stefan Donlin	11	Kennedy	12-00.00
6	Justin McClain	12	Olympic	12-00.00
7	Jesse Bergen	11	Yelm	12-00.00
8	Sean Smallwood	10	Hazen	12-03.00
9	Kevin Johnson	12	Sumner	12-06.00
10	Ben Pettinger	12	Franklin Pierce	12-06.00
11	Thomas Cocks	11	Camas	12-10.00
12	Vidal Hillard	11	Foster	13-00.00
13	Kyle Martin	11	Hazen	13-06.00
14	Austin Shirey	11	White River	13-07.00
15	Jason Jones	12	Camas	14-04.00
16	Blake Bier	12	Prairie	14-10.00

Event 213 Boys Long Jump 3A

Friday 5/21/2010 - 4:20 AM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Cameron Braithwaite	10	Port Angeles	20-01.25
2	Demasha Aldridge	11	Bremerton	20-03.75
3	Phylip Rock	10	Franklin Pierce	20-03.75
4	Josh Melu	12	A-Mountainview	20-05.25
5	Jordan Currie	12	Columbia Riv	20-06.50
6	Addison Owen	11	Camas	20-06.75
7	Marcus Clinton	11	Renton	20-08.50
8	Luke Plummer	10	Peninsula	20-09.25
9	Tyler Rogers	12	Lakes	20-11.25
10	David Bowman	12	Lindbergh	21-01.50
11	Jacob Troupe	11	Union	21-02.75
12	Casey Burns	11	Kennedy	21-04.00
13	Quinton Sison	10	Timberline	21-06.25
14	PJ Benedictus	11	Renton	22-02.50
15	Darian Brooks	11	Kennedy	22-06.00
16	Spencer Marr	12	Clover Park	22-08.75

Event 214 Boys Triple Jump 3A

Saturday 5/22/2010 - 12:35 PM

2 flight of 8 - 8 into the finals

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Parley Scott	12	Port Angeles	39-05.00
2	Tolen McGregor	12	North Kitsap	40-09.00
3	Abraham Slifer	11	Prairie	41-08.00
4	Addison Owen	11	Camas	41-10.00
5	Darrien Creamer	12	Peninsula	42-04.25
6	Cedric Fillmore	12	Clover Park	42-07.25
7	Bruce Jones	11	Lindbergh	42-10.00
8	Shane Smith	12	Yelm	42-10.00
9	Kinsley Ojukwu	12	Union	44-03.00
10	Luke Plummer	10	Peninsula	44-04.25
11	Tyler Rogers	12	Lakes	44-11.75
12	David Bowman	12	Lindbergh	45-00.50
13	Spencer Marr	12	Clover Park	45-06.75
14	PJ Benedictus	11	Renton	46-05.00
15	Casey Burns	11	Kennedy	46-07.50
16	Darian Brooks	11	Kennedy	47-00.00

Event 215 Boys Shot Put 3A

Saturday 5/22/2010 - 3:10 PM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Galen Rock	12	Renton	42-11.00
2	Victor Najera	12	Hazen	43-04.00
3	Devante Botello	11	Evergreen-Se	43-07.00
4	Joseph Watson	12	Renton	43-09.00
5	David Eargle	12	Clover Park	44-09.75
6	Andy Miller	9	Capital	44-11.00
7	Reilyn Garton	12	Kennedy	44-11.00
8	Troy Martin	11	Port Angeles	45-10.50
9	Taylor Nelson	12	Union	46-10.00
10	Travis Neri	11	Yelm	47-00.00
11	Jordan Arakawa	12	Capital	47-08.50
12	Larry Dixon	12	Olympic	48-00.75
13	Jeffrey Jordan	11	Peninsula	49-01.25
14	Alex Griffith	12	Sumner	49-01.25
15	Matthew Lloyd	12	Camas	52-02.00
16	Jon Lawson	11	Prairie	56-09.00

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 216 Boys Discus Throw 3A

Friday 5/21/2010 - 1:30 PM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jordan Bumgarner	11	Hazen	114-08	
2	Reilyn Garton	12	Kennedy	118-02	
3	Bronson Ward	11	Peninsula	132-01	
4	Troy Martin	11	Port Angeles	132-09	
5	Devante Botello	11	Evergreen-Se	133-07	
6	Galen Rock	12	Renton	134-09	
7	Kyle Kennedy	11	Bremerton	136-11	
8	Jordan Grant	12	Enumclaw	136-11	
9	Scott Feather	10	Camas	137-00	
10	Eric Smith	12	Yelm	137-11	
11	Travis Neri	11	Yelm	137-11	
12	Joseph Watson	12	Renton	144-00	
13	Matthew Lloyd	12	Camas	151-08	
14	Jon Lawson	11	Prairie	160-07	
15	Jordan Arakawa	12	Capital	172-01	
16	Alex Griffith	12	Sumner	176-04	

Event 217 Boys Javelin Throw 3A

Saturday 5/22/2010 - 10:05 AM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Tuifua Tausinga	11	Foster	148-07	
2	Cody Cottrill	12	Hazen	149-08	
3	Hoang Quan	11	Bremerton	149-09	
4	Chris Mose	12	Peninsula	154-10	
5	Clay Strom	12	Hazen	155-00	
6	Todd Paine-Walsh	12	White River	156-08	
7	Roman Vern	11	Capital	162-10	
8	Devante Botello	11	Evergreen-Se	165-09	
9	Tyler Blakley	12	Hazen	168-10	
10	Sam Ferenchak	11	Union	171-10	
11	Scotty Miller	11	Yelm	172-04	
12	Joe Cerne	12	Enumclaw	173-00	
13	Kyle Kennedy	11	Bremerton	177-09	
14	Mikey Lauritzen	12	Camas	182-04	
15	Mitch Saylor	12	Union	183-05	
16	Seth Rodriguez	12	Sumner	185-09	

Event 218 Girls 100 Meter Dash 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 1:20 PM

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Taylor Williams	12	Renton	12.99	
2	Lisa Peterson	11	Lindbergh	12.98	
3	Airashay Rogers	10	Hazen	12.75	
4	Germe Poston	12	Franklin Pierce	11.94	
5	Alexi Morton	12	A-Mountainview	12.49	
6	Morgan Reader	11	Tyee	12.83	
7	Michelle Pillette	12	Camas	12.86	
8	Nicole Holcomb	10	Peninsula	13.17	
Heat 2 of 2 Prelims					
1	Ciara Klein	11	Camas	13.12	
2	Briana Welsh	11	Timberline	12.92	
3	Erika Lombardo	10	A-Mountainview	12.53	
4	Jessica Ojukwu	9	Union	12.74	
5	Slara Byers	12	North Kitsap	12.78	
6	Starr Williams	11	Hazen	12.74	
7	Indigo Williams	10	North Kitsap	12.96	
8	Lauren Bulzomi	11	Sumner	13.08	

Event 219 Girls 200 Meter Dash 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 6:40 PM

Lane	Name	Yr	School	Seed	Time
Heat 1 of 2 Prelims					
1	Ginelle Peterson	9	Peninsula	27.06	
2	Michelle Pillette	12	Camas	26.00	
3	Ashlee Sincaugh	12	Sumner	25.29	
4	Germe Poston	12	Franklin Pierce	24.72	
5	Indigo Williams	10	North Kitsap	26.45	
6	Stephanie Schreiner	12	Enumclaw	25.83	
7	Amadi Bentley	11	Renton	26.51	
8	Slara Byers	12	North Kitsap	26.75	
Heat 2 of 2 Prelims					
1	Nicole Holcomb	10	Peninsula	26.79	
2	Fabiana Stapleton	12	Hazen	26.62	
3	Taylor Williams	12	Renton	25.81	
4	Megan Kelley	11	Camas	24.95	
5	Michelle Stolz	10	Highline	25.41	
6	Erika Lombardo	10	A-Mountainview	25.52	
7	Jessica Ojukwu	9	Union	25.95	
8	Janala Scott	9	Lindbergh	26.87	

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Event 220 Girls 400 Meter Dash 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 5:25 PM**

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Taylor Howick	12 Bonney Lake	1:03.02
2	Taylor Guenther	10 Prairie	1:00.49
3	Stephanie Schreiner	12 Enumclaw	58.65
4	Kathryn Moseley	10 Port Angeles	1:01.17
5	Megan Kelley	11 Camas	57.23
6	Bobbi Eckler	9 Union	59.89
7	Leah DeDominces	10 Sumner	1:02.82
8	Monique Smith	9 Lindbergh	1:04.56

Heat 2 of 2 Prelims

1	Michaela Anderson	11 Bremerton	1:05.72
2	Lauren Bulzomi	11 Sumner	1:01.64
3	Morgan Antush	9 Franklin Pierce	59.52
4	Whitney Diggs	9 Highline	59.10
5	Ashlee Sincraugh	12 Sumner	57.90
6	Elise Aylward	9 Lindbergh	59.73
7	Seanna Pitassi	12 Camas	1:00.46
8	Bridgett Johnson	9 Kennedy	1:04.01

Event 221 Girls 800 Meter Run 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 2:00 PM**

Heat 2 lane 9 is stacked behind lane 5

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Julia Still	12 Mt Rainier	2:36.12
2	Brittany Bennett	10 Kennedy	2:25.28
3	Carissa Gwerder	12 Enumclaw	2:23.82
4	Kaitlyn McKinney	9 Union	2:22.87
5	Elizabeth Staker	12 North Kitsap	2:28.83
6	Veronica Stinnett	12 Bonney Lake	2:15.58
7	Christine Sonners	12 Prairie	2:19.06
8	Kelly Egge	10 Peninsula	2:24.91

Heat 2 of 2 Prelims

1	Ariel Hodges	9 Lindbergh	2:32.84
2	Yohana Salzano	9 Foster	2:29.42
3	Madison Guscott	10 Capital	2:24.34
4	Karlee Josephson	10 Prairie	2:21.70
5	Tracey Stolz	10 Highline	2:21.34
6	Jessica Bottelberghe	11 Columbia Riv	2:17.96
7	Lauryn Wate	10 White River	2:22.34
8	Emily Eilertson	11 Enumclaw	2:24.90
9	Cat Sedy	11 North Kitsap	2:30.73

Event 222 Girls 1600 Meter Run 3A**Saturday 5/22/2010 - 2:45 PM**

Lane Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Sarah Bobbe	12 Columbia Riv	5:13.85
2	Allison Clark	12 Columbia Riv	5:08.92
3	Addi Johnson	10 Peninsula	5:10.07
4	Veronica Stinnett	12 Bonney Lake	5:05.21
5	Lindsay Tompkins	Prairie	5:21.27
6	Chanda Romney	12 Port Angeles	5:25.59
7	Camille Parsons	Camas	5:20.07
8	Lauryn Wate	10 White River	5:15.07
9	Kayla Blackford	12 Camas	5:14.31
10	Megan Napier	Camas	5:20.38
11	Sarah Reiter	10 Lindbergh	5:23.42
12	Anna Patti	10 Lindbergh	5:24.17
13	Elizabeth Staker	12 North Kitsap	5:24.87
14	Jasmine Fallgreen	10 Lindbergh	5:32.34
15	Yohana Salzano	9 Foster	5:26.08
16	Micaela Rasmussen	12 Lakes	5:26.63
17	Cortney Thomas	12 North Thurston	5:27.13
18	Kelly Egge	10 Peninsula	5:22.13
19	Amy Tat	11 Renton	5:54.42

Event 223 Girls 3200 Meter Run 3A**Friday 5/21/2010 - 7:00 PM**

Lane Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Addi Johnson	10 Peninsula	11:51.58
2	Annelise Weinmann	12 North Kitsap	11:33.95
3	Allison Clark	12 Columbia Riv	11:02.42
4	Camille Parsons	Camas	11:26.97
5	Sarah Bobbe	12 Columbia Riv	11:05.19
6	Kayla Blackford	12 Camas	11:11.98
7	Anna Patti	10 Lindbergh	11:46.49
8	Jasmine Fallgreen	10 Lindbergh	11:46.64
9	Amy Tat	11 Renton	12:59.78
10	Micaela Rasmussen	12 Lakes	11:52.30
11	Ashley Taylor	12 Yelm	12:04.25
12	Cortney Thomas	12 North Thurston	12:08.03
13	Marie Wilson	9 Bonney Lake	12:15.96
14	Rebecca Paradis	10 Peninsula	12:14.85
15	Brenna Fisher	10 Lindbergh	13:02.16
16	Sarah Reiter	10 Lindbergh	11:46.69
17	Alison Maxwell	11 Port Angeles	12:09.10

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Meet Program

Event 224 Girls 100 Meter Hurdles 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 12:15 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Kaylee Holloway	12	Sumner	16.36
2	Nicole Manuel	11	Yelm	16.26
3	Brina Sych	12	Union	15.95
4	Kristina Owsinski	11	Prairie	15.64
5	Alexi Morton	12	A-Mountainview	14.57
6	Carley McCutchen	12	White River	15.41
7	Jazzmine Knox	11	Lindbergh	16.11
8	Tianna Banfro	10	Lindbergh	17.10
Heat 2 of 2 Prelims				
1	Celina Mortensen	12	Franklin Pierce	16.67
2	Kimber Kober	12	Bonney Lake	16.25
3	Sara Slayton	11	Camas	15.78
4	Reagan Colyer	9	North Kitsap	15.41
5	Amadi Bentley	11	Renton	15.59
6	Ceci Stevenson	12	Port Angeles	15.60
7	Lisa Peterson	11	Lindbergh	16.24
8	Sarah Schoville	10	Hazen	16.88

Event 225 Girls 300 Meter Hurdles 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 2:50 PM**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Colleen Pacholski	9	Highline	49.26
2	Nicole Manuel	11	Yelm	46.78
3	Ginelle Peterson	9	Peninsula	46.77
4	Reagan Colyer	9	North Kitsap	45.84
5	Sara Slayton	11	Camas	44.85
6	Brina Sych	12	Union	44.98
7	Haylie Cannon	12	Bonney Lake	47.48
8	Maya Wagers	9	A-Mountainview	48.66
Heat 2 of 2 Prelims				
1	Joanna Mazer	10	Yelm	47.88
2	Shelby Bodily	12	Camas	47.48
3	Ceci Stevenson	12	Port Angeles	45.97
4	Michelle Stolz	10	Highline	45.45
5	Carley McCutchen	12	White River	44.97
6	Amadi Bentley	11	Renton	46.57
7	Tianna Banfro	10	Lindbergh	46.93
8	Katy Dunphy	12	Kennedy	49.46

Event 226 Girls 4x100 Meter Relay 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/21/2010 - 3:45 PM**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Prairie		52.86
	1) Grace Demsky 9	2) Taylor Guenther 10	
	3) Payton Meisner 9	4) Kristina Owsinski 11	
	5) Samantha Willson 9	6) Tammy Hilgendorf 10	
2	Kennedy		52.53
	1) Jamie Hoffman 10	2) Haley Anderson 10	
	3) Ekene Odoemene 12	4) Katy Dunphy 12	
	5) Charlotte Dittmar 10	6) Brittany Bennett 10	
3	Lindbergh		51.11
	1) Zanisha Colbert 9	2) Jazzmine Knox 11	
	3) Ericka Galindo 12	4) Lisa Peterson 11	
	5) Janala Scott 9	6) Monique Smith 9	
4	Hazen		49.50
	1) Madison Dinger 12	2) Starr Williams 11	
	3) Fabiana Stapleton 12	4) Airashay Rogers 10	
	5) Sarah Schoville 10	6) Ashley Selover 9	
5	North Kitsap		50.85
	1) Siara Byers 12	2) Melissa Kunold 12	
	3) Addie Carion 10	4) Indigo Williams 10	
	5) Alexandra Lanzafame 9		
6	Timberline		50.22
	1) Briana Welsh 11	2) Shari Hughes 12	
	3) Kiera Allen 9	4) Halina Garraway 9	
	5) Jacqueline Bedford 11	6) Daniaella Williams 9	
7	Bonney Lake		51.31
	1) Haylie Cannon 12	2) Taylor Howick 12	
	3) Kimber Kober 12	4) Leslie Cannon 12	
	5) Leslie Sumpter 9		
8	Foster		57.59
	1) Lizbeth Hernandez 10	2) Rebecca Covarrubia 01	
	3) Bac Nguyen 12	4) Alex Rife 9	
	5) Krista Allen 9	6) Chris Balansag 10	

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Heat 2 of 2 Prelims...(Event 226 Girls 4x100 Meter Relay

1	Bremerton	55.61
	1) Charlese Gaines 10	2) Julie Belden 10
	3) Amanda Gray 9	4) Khadijsha DeWalt 10
	5) Briana Holladay 9	6) Jasmine Magana 9
2	Peninsula	51.50
	1) Jayne Wright 10	2) Raleigh Winchester 10
	3) Ginelle Peterson 9	4) Nicole Holcomb 10
	5) Darby Jones 9	6) Janelle Clawson 9
3	Union	50.93
	1) Brina Sych 12	2) Bobbi Eckler 9
	3) Mikyla Ogata 12	4) Jessica Ojukwu 9
	5) Kaitlyn Provinsal 11	6) Caitlin Glass 9
4	Camas	50.61
	1) Shelby Bodily 12	2) Michelle Pillette 12
	3) Ciara Klein 11	4) Seanna Pitassi 12
	5) Sara Slayton 11	6) Evani Lacour 12
5	A-Mountainview	49.95
	1) Abi Alfrey 9	2) Alexi Morton 12
	3) Whitney Echols 10	4) Erika Lombardo 10
	5) Kylie Olenick 12	6) Alayna Wagers 11
6	Franklin Pierce	51.07
	1) Morgan Antush 9	2) Germe Poston 12
	3) Alyshya Cuban 9	4) Kory Cuburn 10
	5) Celina Mortensen 12	6) Kelsey Mueller 12
7	Lakes	51.48
	1) Jasmine Williams 9	2) Anita Knight 10
	3) Kenya Whitehorn 10	4) Brittany Bell 10
	5) Jennifer Fofi 9	6) Shanreka Wells 9
8	Mt Rainier	53.56
	1) Lacey Mclean 9	2) Kathleen Mulligan 11
	3) Calli Fuchigami 11	4) Mackenzie Ebberts 11
	5) Briana Brodin 11	6) Raequel Bitten 9

Event 227 Girls 4x200 Meter Relay 3A

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 5/21/2010 - 11:15 AM

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Kennedy		1:50.27
	1) Bridgett Johnson 9	2) Haley Anderson 10	
	3) Katy Dunphy 12	4) Brittany Bennett 10	
	5) Juliana Joy 10	6) Jamie Hoffman 10	
2	Renton		1:48.58
	1) Amadi Bentley 11	2) Alissa Reynolds 12	
	3) Kristin Haag 11	4) Taylor Williams 12	
	5) Sharifa Gibson 9		
3	Timberline		1:46.26
	1) Briana Welsh 11	2) Daniaella Williams 9	
	3) Shari Hughes 12	4) Jordan Payne 9	
	5) Halina Garraway 9	6) Kiera Allen 9	
4	North Kitsap		1:50.91
	1) Melissa Kunold 12	2) Addie Carion 10	
	3) Indigo Williams 10	4) Siara Byers 12	
	5) Alexandra Lanzafame 9	6) Elizabeth Staker 12	
5	Highline		1:45.50
	1) Enjoli Fowler 12	2) Michelle Stolz 10	
	3) Tracey Stolz 10	4) Breana Brookbank 9	
	5) Colleen Pacholski 9	6) Whitney Diggs 9	
6	Lindbergh		1:48.26
	1) Ericka Galindo 12	2) Tianna Banfro 10	
	3) Zanisha Colbert 9	4) Janala Scott 9	
	5) Monique Smith 9	6) Kaitlin Zinili	
7	Union		1:49.98
	1) Eryn Sych 10	2) Bobbi Eckler 9	
	3) Amanda Thomas 12	4) Jessica Ojukwu 9	
	5) Mikyla Ogata 12	6) Alexis Ransom 11	
8	Bremerton		1:57.65
	1) Charlese Gaines 10	2) Julie Belden 10	
	3) Amanda Gray 9	4) Khadijsha DeWalt 10	
	5) Briana Holladay 9	6) Jasmine Magana 9	

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Heat 2 of 2 Prelims...(Event 227 Girls 4x200 Meter Relay

1	Lakes		1:51.03
	1) Jasmine Williams 9	2) Anitaka Knight 10	
	3) Brittany Bell 10	4) Jennifer Fofi 9	
	5) Kenya Whitehorn 10	6) Shanreka Wells 9	
2	Hazen		1:49.95
	1) Madison Dinger 12	2) Starr Williams 11	
	3) Fabiana Stapleton 12	4) Sarah Schoville 10	
	5) Ashley Selover 9	6) Brittany Johnson 9	
3	White River		1:47.62
	1) Alysa Aashiem 11	2) Cassidy France 10	
	3) Jessica Lindner 12	4) Carley McCutchen 12	
	5) Ariana Huthmacher 12	6) Maggie Williams 9	
4	Franklin Pierce		1:45.54
	1) Kelsey Mueller 12	2) Kory Cuburn 10	
	3) Alyshya Cubean 9	4) Morgan Antush 9	
	5) Celina Mortensen 12	6) Germe Poston 12	
5	Camas		1:47.13
	1) Shelby Bodily 12	2) Michelle Pillette 12	
	3) Ciara Klein 11	4) Seanna Pitassi 12	
	5) Sara Slayton 11	6) Evani Lacour 12	
6	A-Mountainview		1:47.92
	1) Whitney Echols 10	2) Maya Wagers 9	
	3) Alayna Wagers 11	4) Erika Lombardo 10	
	5) Abi Alfrey 9	6) Kylie Olenick 12	
7	Enumclaw		1:49.09
	1) Angela Lindsey 9	2) Alysa Bailey 10	
	3) Jillian Koontz 12	4) AnnaMarie Forza 10	
	5) Amber Cox 9	6) Emily Eilertson 11	
8	Prairie		1:52.11
	1) Taylor Guenther 10	2) Grace Demsky 9	
	3) Payton Meisner 9	4) Tammy Hilgendorf 10	
	5) Samantha Willson 9	6) Kristina Owsinski 11	

Event 228 Girls 4x400 Meter Relay 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Friday 5/21/2010 - 8:00 PM

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	Peninsula		4:15.97
	1) Molly Cordy 10	2) Kelly Egge 10	
	3) Addi Johnson 10	4) Nicole Holcomb 10	
	5) Kristina Cordy 11	6) Janelle Clawson 9	
3	Union		4:02.18
	1) Heather Browning 9	2) Bobbi Eckler 9	
	3) Kaitlyn McKinney 9	4) Brina Sych 12	
	5) Katherine Cochran 11	6) Eryn Sych 10	
4	Port Angeles		4:11.93
	1) Kathryn Moseley 10	2) Ceci Stevenson 12	
	3) Alison Maxwell 11	4) Chanda Romney 12	
	5) Abbie Moseley 12		
5	Camas		3:57.19
	1) Sara Slayton 11	2) Megan Kelley 11	
	3) Ciara Klein 11	4) Seanna Pitassi 12	
	5) Michelle Pillette 12	6) Shelby Bodily 12	
6	Lindbergh		4:09.45
	1) Ericka Galindo 12	2) Tianna Banfro 10	
	3) Monique Smith 9	4) Elise Aylward 9	
	5) Anna Patti 10	6) Ariel Hodges 9	
7	Capital		4:24.11
	1) Kelsey Antles 11	2) Madison Guscott 10	
	3) Emmy Pozzanghera 10	4) Carry Larsen 9	
	5) Kailyn Swarhout 12	6) Noor Al-Tamimi 11	
8	North Kitsap		4:25.28
	1) Kendall Rock 11	2) Elizabeth Staker 12	
	3) Grace Carlson 10	4) Reagan Colyer 9	
	5) Cat Sedy 11		

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Heat 2 of 2 Prelims...(Event 228 Girls 4x400 Meter Relay

1	Mt Rainier	4:36.93
	1) Briana Brodin 11	2) Justine Parke 9
	3) Raequel Bitten 9	4) Mackenzie Ebbbers 11
	5) Julia Still 12	6) Ellen Leeds 9
2	A-Mountainview	4:16.18
	1) Whitney Echols 10	2) Rachele Orpilla 10
	3) Silvia Wagner 10	4) Maya Wagers 9
	5) Alayna Wagers 11	6) Tayla Alfrey 11
3	Bonney Lake	4:08.23
	1) Leslie Cannon 12	2) Kimber Kober 12
	3) Veronica Stinnett 12	4) Taylor Howick 12
	5) Haylie Cannon 12	6) Leslie Sumpter 9
4	Sumner	4:02.86
	1) Leah DeDominces 10	2) Gabby DeGoede 10
	3) Lauren Bulzomi 11	4) Tessa Hansen 12
	5) Ashlee Sincraugh 12	6) Megan McDaniel 12
5	Highline	4:07.42
	1) Enjoli Fowler 12	2) Michelle Stolz 10
	3) Tracey Stolz 10	4) Breana Brookbank 9
	5) Colleen Pacholski 9	6) Whitney Diggs 9
6	Prairie	4:05.82
	1) Christine Sonners 12	2) Taylor Guenther 10
	3) Karlee Josephson 10	4) Tammy Hilgendorf 10
	5) Grace Densky 9	6) Payton Meisner 9
7	Enumclaw	4:16.75
	1) Angela Lindsey 9	2) Emily Eilertson 11
	3) Stephanie Schreiner 12	4) Carissa Gwerder 12
	5) Amber Cox 9	6) Caitlin Harris 9
8	Kennedy	4:29.70
	1) Bridgett Johnson 9	2) Jamie Hoffman 10
	3) Katy Dunphy 12	4) Brittany Bennett 10
	5) Haley Anderson 10	6) Juliana Joy 10

Event 229 Girls High Jump 3A

Friday 5/21/2010 - 11:00 AM

Starting Height - 4'4"

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Emily Graver	10	Lindbergh	4-06.00	
2	Jami Kouba	11	Lindbergh	4-06.00	
3	Fabiana Stapleton	12	Hazen	4-08.00	
4	Bridgett Johnson	9	Kennedy	4-08.00	
5	Vivienne McClean	11	Kennedy	4-08.00	
6	Alia Braboy	9	A-Mountainview	4-10.00	
7	Jessica Vandergiessen	12	Sumner	4-10.00	
8	Haylie Cannon	12	Bonney Lake	4-10.00	
9	Taryn Willie	12	Camas	4-11.00	
10	Allie Knight		Camas	4-11.00	
11	Madisen Kellogg		North Kitsap	5-00.00	
12	Natasha Davis	11	A-Mountainview	5-00.00	
13	Jordynn Montero	10	Union	5-02.00	
14	Taylor Ottomano	12	North Kitsap	5-02.00	
15	KJ Cason	9	Capital	5-02.00	
16	Heather Browning	9	Union	5-03.00	
17	Ceci Stevenson	12	Port Angeles	5-04.00	
18	Lauren Neff	9	Camas	5-04.00	
19	Sasha Weber	10	Timberline	5-08.00	

Event 230 Girls Pole Vault 3A

Saturday 5/22/2010 - 12:15 PM

Starting Height - 6'6"

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jennifer Shear	12	Hazen	7-00.00	
2	Tricia Bui	11	Renton	7-00.00	
3	Michelle Wnek	11	Hazen	7-06.00	
4	Sahara Hill	10	Foster	7-06.00	
5	McKenzie Treece	10	A-Mountainview	8-00.00	
6	Sherry Baer	10	Enumclaw	8-00.00	
7	Caitlyn Johnson	10	Clover Park	8-00.00	
8	Charlotte Dittmar	10	Kennedy	8-00.00	
9	Samantha Andrada	11	Sumner	8-06.00	
10	McKenna Bukovnik	12	Port Angeles	8-06.00	
11	Tarah Erickson	10	Port Angeles	9-00.00	
12	Michaela Trulson	10	Sumner	9-00.00	
13	Alison Callero	12	Franklin Pierce	9-00.00	
14	Jessica Yraeeburu		Camas	9-03.00	
15	Hannah Reis		Columbia Riv	9-03.00	
16	Jennifer DeBellis	10	Columbia Riv	9-09.00	
17	Alexandra Uhrich	12	Union	10-03.00	
18	Kristina Owsinski	11	Prairie	10-03.00	

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Event 231 Girls Long Jump 3A

Saturday 5/22/2010 - 3:10 PM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Abi Alfrey	9	A-Mountainview	15-01.00	
2	Kylie Olenick	12	A-Mountainview	15-03.50	
3	Jayne Wright	10	Peninsula	15-03.75	
4	Chanda Romney	12	Port Angeles	15-04.50	
5	Briana Welsh	11	Timberline	15-06.50	
6	Alexandra Lanzafame	9	North Kitsap	15-07.50	
7	Jazzmine Knox	11	Lindbergh	15-10.00	
8	Heather Browning	9	Union	15-11.00	
9	Taryn Willie	12	Camas	15-11.00	
10	Taylor Howick	12	Bonney Lake	15-11.25	
11	Lauren Hunter	12	Lindbergh	16-02.00	
12	Vivienne McClean	11	Kennedy	16-05.00	
13	Kathleen Mulligan	11	Mt Rainier	16-09.00	
14	Taylor Williams	12	Renton	16-11.00	
15	Megan Kelley	11	Camas	17-08.00	
16	Alexi Morton	12	A-Mountainview	18-02.00	

Event 232 Girls Triple Jump 3A

Friday 5/21/2010 - 1:40 PM

2 flight of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Vivienne McClean	11	Kennedy	32-03.00	
2	Layla Bader	11	Yelm	32-07.00	
3	Kaylee Magat	12	Lindbergh	32-09.00	
4	Alexandra Lanzafame	9	North Kitsap	33-01.00	
5	Jayne Wright	10	Peninsula	33-04.00	
6	Lauren Hunter	12	Lindbergh	33-06.00	
7	Eryn Sych	10	Union	33-07.50	
8	Kiana Gandy	10	Mt Rainier	33-11.00	
9	Jennifer DeBellis	10	Columbia Riv	34-00.50	
10	Jessica Vandergiessen	12	Sumner	34-02.00	
11	Leia Fecteau	11	Sumner	34-03.75	
12	Taylor Ottomano	12	North Kitsap	34-06.00	
13	Taryn Willie	12	Camas	34-07.00	
14	Stephanie Schreiner	12	Enumclaw	34-08.75	
15	Kathleen Mulligan	11	Mt Rainier	35-11.00	
16	Sasha Weber	10	Timberline	37-05.75	

Event 233 Girls Shot Put 3A

Saturday 5/22/2010 - 12:40 PM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lexi Simmons	10	North Kitsap	25-01.50	
2	Kiana Gandy	10	Mt Rainier	31-00.00	
3	Tori Fesili	11	Highline	31-06.00	
4	Anjeleka McGill	11	Highline	32-08.50	
5	Julisha Johnson	10	Bremerton	33-01.50	
6	Vanessa Muckerheide	9	Union	33-07.00	
7	April Mayerl	9	Yelm	34-08.00	
8	Airashay Rogers	10	Hazen	34-09.50	
9	Kayla Roberts	12	Sumner	34-11.50	
10	Tusalava Kuaea	12	Lakes	35-03.25	
11	Mahana Lutali	11	Lakes	35-04.50	
12	Marissa Paopao	11	A-Mountainview	35-10.50	
13	Jamila Culcleasure	10	Highline	36-08.50	
14	Johna McEllrath	10	Prairie	38-10.00	
15	Anna Adamko	11	Columbia Riv	39-05.00	
16	Adara Winder	10	Bonney Lake	41-09.00	

Event 234 Girls Discus Throw 3A

Friday 5/21/2010 - 11:00 AM

2 flights of 8 - 8 into the finals

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jennifer Hoang	11	Renton	79-10	
2	Tuhulu Hefa	12	Kennedy	84-02	
3	Lauren Hunter	12	Lindbergh	86-00	
4	Lindsay Headley	12	Mt Rainier	86-01	
5	Lexi Simmons	10	North Kitsap	87-10	
6	Erin ChungHoon	12	Olympic	90-00	
7	Amica Cranston	9	Union	95-04	
8	Chandler Mason	10	Peninsula	109-03	
9	Adara Winder	10	Bonney Lake	110-06	
10	Tusalava Kuaea	12	Lakes	111-05	
11	Johna McEllrath	10	Prairie	112-03	
12	Jamila Culcleasure	10	Highline	113-05	
13	Mahana Lutali	11	Lakes	113-06	
14	Danica Wolfe	12	Capital	114-01	
15	Marissa Paopao	11	A-Mountainview	115-04	
16	Anna Adamko	11	Columbia Riv	118-10	

WCD 3 and SWD 4 Track & Field Meet-2A,3A& 4A - 5/21/2010 to 5/22/2010

Mount Tahoma Stadium

Meet Program

Event 235 Girls Javelin Throw 3A**Friday 5/21/2010 - 4:15 PM****2 flights of 8 - 8 into the finals**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Sahara Hill	10	Foster	86-01	
2	Vanessa Tran	11	Renton	86-04	
3	Chris Balansag	10	Foster	88-06	
4	Dahrien Cardoza	10	North Kitsap	91-00	
5	Catherine Hildebrand	12	Kennedy	95-10	
6	Juliana Joy	10	Kennedy	96-05	
7	Lauryn Blevins	12	North Kitsap	97-07	
8	Alysa Aashiem	11	White River	103-02	
9	Megan Dwarshuis	12	Franklin Pierce	104-05	
10	Julie Sutherland	11	Peninsula	105-02	
11	Katelyn Smith	12	Yelm	108-09	
12	Caitlin Bower		Camas	114-02	
13	Angelique Williams		Union	114-07	
14	AnnaMarie Forza	10	Enumclaw	115-07	
15	Sasha Weber	10	Timberline	118-01	
16	Felicia Odle	12	Union	122-10	
17	Johna McEllrath	10	Prairie	136-02	
18	Anna Adamko	11	Columbia Riv	138-05	