

# POINTS OF EMPHASIS

## WCD 4A AND SW/WCD 3A

### TRACK AND FIELD CHAMPIONSHIPS

#### 1. UNIFORM

**The uniform rule will be enforced (Page 25-26, Rule 4-3).** It is the individual athlete and relay teams' responsibility to compete in the proper uniform and wear no jewelry. Failure to comply with the spirit and intent of the rule could cause a competitor or relay team to be disqualified from an event. For further clarification on uniforms and jewelry, please review pages 28-29 (uniforms), pages 29-36 (apparel, relay-team uniforms, not identical uniforms, jewelry, removal of part of the team uniform) in the NFHS Case Book. Below are several examples of what will be considered legal and illegal.

#### Examples:

Competitor is wearing bicycle shorts without track bottoms over them.

Legal

Competitor is wearing a solid-colored leotard without track bottoms worn over the leotard

Legal

Competitor is wearing leopard-print leotards with a school issued track bottoms over the leotard

Illegal

Competitor is wearing tights underneath their track bottoms that include a manufacture's logo that is 2 ¼ square inches in size.

Legal

Competitor is wearing a t-shirt underneath their track top that includes two manufacture's logos, one on the front and one on the back.

Illegal

Competitor is wearing tights underneath their track bottoms with a school-mascot name that is no larger than a 2 ¼ x 2 ¼ inches square.

Legal

Competitor is wearing tights underneath their track bottoms and the tights have a single trim stripe down the side of the leotard.

Illegal

A t-shirt showing under the school top is a single color without trim and/or striping. However, because of the sheer or see-through material of the top, writing on the chest of the T-shirt shows through.

Illegal

A t-shirt showing under the school top is a single color without trim and/or striping. However, because of the cut of the neck of the top, the writing on the upper chest of the t-shirt shows.

Illegal

A t-shirt showing under the school top is a single color without trim and/or striping. However, because of the sheer or see-through material of the top, a manufacture's logo on the chest of the T-shirt shows through. There is also a second manufacturer's logo on the back of the t-shirt.

Illegal

The stitching of the shirt showing under the school top is a different color from the shirt itself.

Legal (This is the last year for this interpretation. As of 2010, this will be ruled Illegal).

The shirt showing under the school top has a line down the side that is a different color than the shirt itself.

Illegal

Competitor covers a visible piercing with tape prior to the athlete competing.

Illegal

Competitor is wearing a plastic space save in a hole in his nose previously filled by jewelry.

Illegal

Competitor is wearing plastic beads/barrettes/bobby pins in their hair.

Illegal

Competitor comes into the area of competition to prepare for their next event without the top of his/her school issued uniform on.

Illegal

Competitor after the completion of an event removes the top of his/her school uniform, while still in the area of competition.

Illegal

Competitor after the completion of the event removes his/her shoes, while still in the area of competition.

Legal

Bare midriff tops are not allowed. The top must hang below or be tucked into the waistband of the bottom when the competitor is standing erect. Uniforms will be required to be tucked into the shorts, if necessary, at the start of the event so the hip number is not blocked. This will be enforced by the clerk.

During all WIAA Track & Field events, only nonabrasive, unadorned cloth elastic, fiber, soft leather or rubber /cloth elastic bands may be used to control an athlete's hair. Athletes at anytime during competition may not wear items that are made of a hard or abrasive material.

Doo rags, hanker chiefs and hats of any kind are not allowed during competition. Plain head bands will be acceptable (no logos of any kind will be allowed).

## **2. EXCUSE TIME / CHANGE IN FLIGHT**

Athletes must check-in with the head judge at the event before the event begins. **If athletes check in after the event has begun they will not be allowed to compete.** If athletes check out for another event, they must check out with the head judge and tell the judge which event they are leaving for. **The excuse time established for the meet will be 15 minutes for the discus, javelin and shot put and 10 minutes for the high jump, horizontal jumps and pole vault.**

The athlete must notify the head event judge when they return. In some cases, successive throws in both the preliminaries and finals may be allowed if the competitor identifies the need to the head official at the time he/she is called "up" for an attempt. When room is available, an athlete that will need to be excused from an event may change flights, **per approval of the field referee**, for that event if this request is made **prior to the start of warm-up.**

## **3. APPEALS**

Appeals must follow the appeal process in the 2009 Rulebook - **Rule 3.5, page 17-18.** Running event protests need to be made to the running-event referee for both 3A and 4A on Friday and Saturday by the head coach. Field event protests need to be made to the field-event referee for both 3A and 4A on Friday and Saturday by the head coach. The protest by the head coach must be made to the appropriate referee within 30 minutes after the results have been posted. If after the first appeal to the referee, the head coach still feels the rule has been misapplied or misinterpreted, the head coach can protest, in writing on the designated form, to the jury of appeals immediately.

## **4. DISQUALIFICATIONS/INJURIES IN REGARDS TO ALLOCATIONS**

### **3A**

If there are multiple disqualifications/injuries in the finals of an event and fewer than seven (7) participants finish, the following will take place to fill the remaining allocation(s). The athletes/relays with the next fastest preliminary times will run an additional heat in the event at the end of the meet to designate the allocation(s). The number of athletes/relays in the additional heat for the event will be established by the number of allocations needed plus two. Example: If we need one allocation in the Boys 100 meters, then the three next fastest times from the preliminary heats will run to decide the allocation. If we need two allocations in the Girls 200 meters, then the four next fastest times from the preliminary heats will run to decide the allocations and so on.

### **4A**

If there are multiple disqualifications/injuries in the finals of an event and fewer than six (6) participants finish, the following will take place to fill the remaining allocation(s). The athletes/relays with the next fastest preliminary times will run an additional heat in the event at the end of the meet to designate the allocation(s). The number of athletes/relays in the additional heat for the event will be established by the number of allocations needed plus two. Example: If we need one allocation in the Boys 100 meters, then the three next fastest times from the preliminary heats will run to decide the allocation. If we need two allocations in the Girls 200 meters, then the four next fastest times from the preliminary heats will run to decide the allocations and so on.

**ALL COACHES – PLEASE BE AWARE OF YOUR ATHLETES WHO ARE THE NEXT FASTEST TIMES IN ALL PRELIMINARY HEATS. IT IS ADVISED THAT THESE PARTICIPANTS BE IN ATTENDANCE AT THE MEET ON SATURDAY, POTENTIALLY READY TO COMPETE, IF A SITUATION LIKE THIS WERE TO OCCUR.**

### **3A/4A**

Should an athlete get hurt and not be able to continue to participate, the following actions will take place.

If an injured athlete cannot compete in the preliminaries of his/her event, the open lane will be filled by the alternate from his/her subdistrict meet. If an injured athlete cannot compete in the running finals of his/her event, the lane will not be filled. If all of the state allocations cannot be determined during the running finals, then the process listed above for the 3A's and 4A's will be followed.

For Running and Field events that are **FINALS ONLY**, if the injured athlete cannot compete in his/her event, the alternate from his/her subdistrict meet will fill the open position.